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Cry Myself To Sleep

32 Count, 4 Wall, Intermediate

Choreographer: Jo Rosenblatt (AU) Apr 2016

Choreographed to: Cry Myself To Sleep by Tami Neilson.

Album: The Kitchen Table Sessions

16 count intro, Start on "...hello ..", weight on left foot

Section 1 **Back, Drag, Tog, Back, Drag, Tog, Side, Rock, ½Turn, ½Turn, Rock**

1 2& Step back on R, Drag L back towards right, Step L beside right
3 4& Step back on R, Drag L back towards right, Step L beside right
5 6& Step R to right, Rock onto L, Turn 180° right step R to right (6)
7 8 Turn 180° right step L to left, Rock onto R (12)

Section 2 **Behind, Hold, Side, Cross, Sweep, Cross, Side, Behind, Side, Cross, Unwind**

1 2&3 Step L behind R, Hold, Step R to right, Cross L over R,
4 Sweep R around in front of left -drag your toes along the floor as you sweep your leg around
5&6& Cross R over left, Step L to left, Step R behind left, Step L to left
7 8 Touch R across in front of left, Unwind 270° left placing weight on L ***** (3)

Section 3 **Fwd, Rock, ¼Turn, Step, Pivot, Tog, Fwd, Rock, ½Turn, Spin, Fwd**

1 2& Step R fwd, Rock back onto L, Turn 90° right step R fwd (6)
3 4& Step L fwd, Turn 180° right step R fwd, Step L beside right (12)
5 6& Step R fwd, Step back on L, Turn 180° left step R fwd (6)
7 Step L fwd spinning 360° over right shoulder hooking right foot under left knee (6)
8 Step R fwd

Section 4 **Side, Behind, Cross, ¼Turn, ¼Turn, Cross, Side, Behind, Cross, ¼Turn, Drag**

1 2& Large step L to left, Step R behind left, Cross L in front of right
3 4& Turning 90° left step R back, Turning 90° left step L to left, Cross R over left (12)
5 6& Large step L to left, Step R behind left, Cross L in front of right
7 8 Turn 90° left step R back, Drag L back beside right (9)

Tag: **At the end of Wall 6: Add a Reverse Rocking Chair**
Step R back, Rock fwd on L, Step R fwd, Rock back on L

Finish Wall 7: At Count 16 ****
Replace the 270° Unwind with a 180° unwind to finish at the front wall.