

**Time Is A Healer**

48 Count, 2 Wall, Intermediate (Waltz)  
Choreographer: Noel Roos (SA) May 2016  
Choreographed to: Time Is A Healer by Eva Cassidy

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**30 Count Intro - No Tags And No Restarts****Section 1: Half Waltz Diamond**

- 1-2-3 Step Forward On L Diagonally (1:30), Step Right To Side Making  $\frac{1}{4}$  Turn Left (10:30),  
Step Back On L Diagonally  
4-5-6 Step Back On R Diagonally, Step L To Side Making  $\frac{1}{4}$  Turn Left (7:30),  
Step Forward On R diagonally

**Section 2: Box Step,  $\frac{1}{2}$  Turn On Heels**

- 1-2-3 Step L Forward, Step R To Side, Step L Beside R  
4-5-6 Step Right Back, Step R Beside L, Make A  $\frac{1}{2}$  Turn Left On The Heels (12:00)

**Section 3: Sway/Pose, 1  $\frac{1}{4}$  Rolling Vine**

- 1-2-3 Step R To Side And Hold As You Pose  
4-5-6 Step L To Side  $\frac{1}{4}$  Turn Left, Step R Back With A  $\frac{1}{2}$  Turn Left, Step L To Forward With  
A  $\frac{1}{2}$  Turn (3:00)

**Section 4: Step,  $\frac{1}{4}$  Turn Right, Step  $\frac{1}{2}$  Turn, Lock Step Back**

- 1-3 Step Forward R, Step Forward L Making A  $\frac{1}{4}$  Right, Step R In Place  
4-5&6 Step L Diagonally Forward (1:30), Make A  $\frac{1}{4}$  Turn Left Step R Back, Lock Step L And R Back

**Section 5:  $\frac{1}{2}$  Turn Left, Pivot  $\frac{1}{2}$  Turn,  $\frac{1}{2}$  Turn Right, Lock Step Back**

- 1-3  $\frac{1}{2}$  Turn Left Stepping Forward On L, Step Forward R Pivot  $\frac{1}{2}$  Turn Left, Step L In Place  
4-5&6 Step Forward R Making  $\frac{1}{2}$  Turn Right, Step Back On L, Lock Step R And L Back

**Section 6:  $\frac{1}{2}$  Turn, Full Turn Ronde, Step Forward Devlope**

- 1  $\frac{1}{2}$  Right Stepping Forward On R (7:30)  
2-3 Sweeping L From Behind Make A Full Turn Ronde Right  
4-5 Step Forward On L And Develop R Leg

**Section 7: Step Back, Chasse  $\frac{1}{4}$  Left, Cross Unwind Full Turn**

- 1-2&3 Step Back On R, Chasse Left Stepping Lrl Making A  $\frac{1}{4}$  Turn  
4-6 Cross R Over Left And A Slow Unwind Full Turn (9:00)

**Section 8: Balance Step Forward, 1  $\frac{1}{4}$  Rolling Vine**

- 1-3 Step Forward On L, Rock Forward On R, Recover  
5-6  $\frac{1}{4}$  Turn Right Stepping R To Side, Full Turn Right Stepping L Back, Step R To Side (6:00)

**Breathe And Start Again**