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Black Butterfly

32 Count, 4 Wall, Improver

Choreographer: Charlotte Steele (SA) May 2016

Choreographed to: Butterfly by Black By Nature,
ft. Lindsay McGuire.

Album: The Return

Hot African drum beats demand attitude - so swing your arms to the side and snap/click fingers on the toe struts, clap hands or slap thighs on the stomps - and move those hips on the V-steps!

Intro: 32 counts. No Tags or Restarts.

Section 1 Toe Struts Fwd RL; Shuffle Forward RLR; L Forward Rock-Rec
1 2 3 4 Touch R toe fwd, Drop R heel down, Touch L toe fwd, Drop L heel down
5&6 Step forward on R, Step L beside R, Step R forward
7 8 Rock forward on L, Recover onto R (weight on R)

Section 2 Toe Struts Back LR; Shuffle Back LRL; R Rock Back w/L Fwd Kick-Rec w/Stomp
1 2 3 4 Touch L toe back, Step L heel down, Touch R toe back, Step R heel down
5&6 Step back on L, Step R beside L, Step L back
7 8 Rock back on R and kick L forward, Stomp L down beside R (weight on L)

Section 3 R Fwd V-Step (Out-Out In-In); Chasse right; L Rock Back w/R Fwd Kick-Rec w/Stomp
1 2 Step R forward to right diagonal, Step L forward to left diagonal (Out-Out)
3 4 Step R back to centre, Stomp L beside R (In-In) (weight on L)
5&6 Step R to right, Step L beside R, Step R to right
7 8 Rock back on L and kick R forward, Stomp R beside L (weight on R)

Section 4 L Back V-Step (Out-Out In-In); Chasse left w/ ¼ turn left, R Rock Back w/L Fwd Kick-Rec w/Stomp
1 2 Step L back to left diagonal, Step R back to right diagonal (Out-Out)
3 4 Step L forward to centre, Stomp R beside L (In-In) (weight on R)
5&6 Step L to left, Step R beside L, Pivot ¼ left and step forward on L (9:00)
7 8 Rock back on R and kick L forward, Stomp L beside R (weight on L)

Start again – enjoy, have fun!