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Love's Gotta Hold On Me

32 Count, 3 Wall, Intermediate (R&B/ Be-Bop)

Choreographer: Ira Weisburd (USA) & Vivienne Scott (CA)

May 2016

Choreographed to: Something's Got A Hold On Me by
Leela James

Intro: 16 counts. Start at approximately 16 sec.

***Restart @ 3:00 @ approx. :42, 1:51, 2:16, 3:08**

- Section 1 (Lift, R Botafogo, Lift, L Botafogo; Rock, Recover, Side, Rock, Recover, 1/4 Turn L)**
a1&2 Slight Lift of L heel off ground to raise R leg slightly, Step R across L, Step L to L, Step R to R
a3&4 Slight Lift of R heel off ground to raise L leg slightly, Step L across R, Step R to R, Step L to L
5,6& Rock R across L, Recover back onto L, Step R to R
7,8& Rock L across R, Recover back onto R, Step L to L making 1/4 Turn L (9:00)
- Section 2 (Step; Pivot 1/2 Turn, Step; Side Rock, Recover, Step; Kick, Step, Kick; Back, Recover)**
1 Step forward on R.
2&3 Step forward on L. Pivot 1/2 Turn R onto R (3:00), Step forward on L.
4&5 Rock R to right side (slightly forward). Recover onto L. Step R forward dipping down.
6&7 Kick L forward, Step L in place, Kick R forward
8& Step R back, Recover forward onto L
- Section 3 (1/4 R Turn, Pivot 1/8 Turn R, Forward, Rock, Recover; Back, Sweep L, Back, Side, Cross, Side, 1/4 L Turn)**
1,2& Step R forward making 1/4 R Turn (6:00), Rock L to L, Pivot 1/8 Turn R (7:30)
3 Step L forward
4&5& Rock R forward, Recover back onto L, Step R back, Sweep L from front to back to square (6:00)
6&7 Step L behind R, Step R to R, Step L across R
8& Step R to R, Step L to L making 1/4 L Turn (3:00)
- Section 4 (Diagonal Lock Step R, Diagonal Lock Step L, 1/4 L Turn, Tap L; 1/4 L Turn Forward, Lock, Forward; Forward, Lock, Forward)**
1&2& Step R forward diagonal (4:30), Step L behind R ankle, Step R forward,
Step L forward diagonal (1:30)
3&4& Step R behind L ankle, Step L forward, Step R forward making 1/8 L Turn (12:00),
Tap L toe beside R
5 Step L to L making 1/4 L Turn (9:00)
6&7& Step R forward, Step L behind R ankle, Step R forward, Step L forward
8& Step R behind L ankle, Step L forward

Repeat Dance.

*** 4 Restarts (all at 3:00) Every time the dance ends facing 9:00, do Part I. (1-8) and make a 1/2 L Turn instead of 1/4 L Turn to Restart the Dance at 3:00**

*** Ending: On the 4th Restart, do Part I, Part II, Part III. (counts 1,2&3). On Count 3 of Part III. make an extra 1/8 Turn R to face 12:00 and pose.**