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## Work From Home

48 Count, 4 Wall, Improver (Phrased)

Choreographer: Judy Rodgers (USA) May 2016

Choreographed to: Work From Home by 5th Harmony

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### Intro: 16 counts

This is a very easy dance that introduces a Part A and Part B to high beginners.  
It is a floor split to Work From Home by Guyton Mundy, Roy Hadisubroto & Fred Whitehouse.

Dance Part A 3 times...always at Walls 12:00, 3:00 and 6:00. Dance Part B 1 time...always at 9:00 .  
Sequence: AAAB AAAB AAAB A (The 4<sup>th</sup> time at 12:00, dance 20 counts \*\*\*see ending)

### Part A (32 count)

#### Section 1 Side, Together, Side, Touch, Rock Fwd, Recover, Back, Touch

1-4 Step R to right side, step L beside R, step R to right side, touch L beside R

5-8 Rock L fwd, recover R, walk L back, touch R beside L

#### Section 2 Dip, Point, Dip, Point, Jazz Box Turn ¼ R

1-2 Dip right (shift weight to R facing left diagonal), point L to left diagonal & snap fingers

3-4 Dip left (shift weight to L facing right diagonal), point R to right diagonal & snap fingers

5-6 Cross R over L, turn ¼ right step L back 3:00

7-8 Step R to right side, step L fwd

#### Section 3 Funky Toe Strut R & L, Fwd, Touch, Back, Touch

1-2 Touch R toe fwd as you push R hip up, step down on R

3-4 Touch L toe fwd as you push L hip up, step down on L

5-8 Step R fwd, touch L beside R, step L back, touch R beside L

#### Section 4 Back, Touch, Back, Touch, Sway, Sway, Sway, Sway

1-4 Step R back, touch L beside R, step L back, touch R beside L

5-8 Step R to right and sway R L R L (weight to L)

**\*\*Option 1-4 turn ½ right step R fwd, touch L, turn ½ right step L back, touch R**

### Part B (16 count) always facing 9:00

#### Section 1 Side R, Touch, Side L, Touch, Vine R

1-4 Step R to right side, touch L beside R, step L to left side, touch R beside L

5-8 Step R to right side, step L behind R, step R to right side, touch L beside R (snap fingers)

**\*\*Option 5-8 Rolling vine to the right**

#### Section 2 Side, Behind, Turn ¼ L, Scuff, Step, Pivot ½ L, Together, Jump

1.4 Step L to left side, step R behind L, turn ¼ left step L fwd, scuff/step R fwd 6:00

5-8 Step R fwd, pivot ½ left step L fwd, step R beside L, small jump fwd both feet 12:00

**Ending: 4<sup>th</sup> time starting 12:00, dance thru cnt 20 (funky toe struts),  
add a step pivot ¼ L to end front**

**Thanks Mitzi Day for the music suggestion!**

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