



Web site: [www.linedancerweb.com](http://www.linedancerweb.com)

E-mail: [admin@linedancerweb.com](mailto:admin@linedancerweb.com)

## Sobredosis Amor

64 Count, 4 Wall, Improver

Choreographer: Esmeralda van de Pol (NL) May 2016

Choreographed to: Sobredosis by Kat DeLuna, ft. El Cata

---

### Intro: 48 counts

#### Section 1: Side, Behind, Side, Cross, Side Rock, Cross Side

1-2 Step RF to R side, Step LF behind RF  
3-4 Step RF to R side, Cross LF over RF  
5-6 Rock RF to R side, Recover weight on LF  
7-8 Cross RF over LF, Step LF to L side (Body is in the left diagonal)

#### Section 2: Cross Rock Fwd, Rock Back, Pivot 1/4 Turn L, Cross, Side

1-2 Rock RF diagonal fwd, Recover weight on LF  
3-4 Rock RF back, Recover weight on LF  
5-6 Step RF fwd, 1/4 turn L-weight on L - 09.00  
7-8 Cross RF over LF, Step LF to L side

#### Section 3: Cross, Side, Behind, Flick, Cross, Side, Behind, Flick

1-2 Cross RF over LF, Step LF to L side  
3-4 Step RF behind LF, Flick LF  
5-6 Cross LF over RF, Step RF to R side  
7-8 Step LF behind RF, Flick RF

#### Section 4: Cross, Back, Back, Cross, Back, Side, Cross Rock Fwd

1-2 Cross RF over LF, Step LF back  
3-4 Step RF back, Cross LF over RF  
5-6 Step RF back, Step LF to L side  
7-8 Rock RF across LF, Recover weight on LF

#### Section 5: Side, Together, Side, Together, Rocking Chair

1-2 Step RF to R side, Step LF next to RF  
3-4 Step RF to R side, Step LF next to RF  
5-6 Rock RF fwd, Recover weight on LF  
7-8 Rock RF back, Recover weight on LF

#### Section 6: Pivot 1/8 Turn L X2, Jazz Box Cross

1-2 Step RF fwd, 1/8 turn L-weight on L - 06.00  
3-4 Step RF fwd, 1/8 turn L-weight on L  
5-6 Cross RF over LF, Step LF back  
7-8 Step RF to R side, Cross LF over RF

#### Section 7: Side, Together, Side, Together, Rocking Chair

1-2 Step RF to R side, Step LF next to RF  
3-4 Step RF to R side, Step LF next to RF  
5-6 Rock RF fwd, Recover weight on LF  
7-8 Rock RF back, Recover weight on LF

#### Section 8: Pivot 1/8 Turn L X2, Jazz Box Cross

1-2 Step RF fwd, 1/8 turn L-weight on L - 03.00  
3-4 Step RF fwd, 1/8 turn L-weight on L  
5-6 Cross RF over LF, Step LF back  
7-8 Step RF to R side, Cross LF over RF