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E-mail: admin@linedancerweb.com

Sing A Lot

64 Count, 4 Wall, Improver

Choreographer: Chris Mann (AU) May 2016

Choreographed to: Sing by Ed Sheeran.

Album: X

Start with weight on left foot. - Dance begins after 16 counts (~7 sec)

- Section 1 (12:00) Rock Forward, Back, Coaster Step, Rock, Half Turn, Step Forward, Scuff**
1, 2, 3&4 Rock fwd on R, replace L back, step back on R, step L beside R, step R fwd
5, 6, 7, 8 Rock fwd on L, replace R back and make ½ turn left, step fwd on L, scuff R beside L
- Section 2 (6:00) Rock Forward, Back, Coaster Step, Rock, Quarter Turn, Step Side, Scuff**
1, 2, 3&4 Rock fwd on R, replace L back, step back on R, step L beside L, step R fwd
5, 6, 7, 8 Rock fwd on L, replace R back and make ¼ turn left, step L to side, scuff R beside L
- Section 3 (3:00) Front, Side, Sailor Step, Cross Shuffle, Half Turn**
1, 2 Step R across L, step L to side, step R behind L, step L to side, replace R to side
5&6 Cross L over R and shuffle to right stepping L, R, L
7, 8 Turn ¼ left and step back on L, turn ¼ left and step R to side
- Section 4 (9:00) Front, Side, Sailor Step, Cross Shuffle, Half Turn**
1, 2 Step R across L, step L to side, step R behind L, step L to side, replace R to side
5&6 Cross L over R and shuffle to right stepping L, R, L
7, 8 Turn ¼ left and step back on L, turn ¼ left and step R to side (*)
- Section 5 (3:00) Mambo Forward And Back, Roll Forward, Shuffle Forward**
1&2, 3&4 Rock fwd on R, replace L back, step R back, rock back on L, replace R fwd, step L fwd
5, 6, 7, 8 Turn ½ left and step back on R, turn ½ left and step fwd on L, shuffle fwd stepping R, L, R
- Section 6 (3:00) Rock Forward, Replace, Shuffle Back, Rock Back, Replace, Pivot ½**
1, 2, 3&4 Rock fwd on R, replace L back, shuffle back stepping R, L, R
5, 6, 7, 8 Rockback on R, replace L forward, step fwd on R, turn ½ left transferring weight to L
- Section 7 (9:00) Mambo Forward And Back, Roll Forward, Shuffle Forward**
1&2, 3&4 Rock fwd on R, replace L back, step R back, rock back on L, replace R fwd, step L fwd
5, 6, 7, 8 Turn ½ left and step back on R, turn ½ left and step fwd on L, shuffle fwd stepping R, L, R
- Section 8 (9:00) Rock Forward, Replace, Shuffle Back, Rock Back, Replace, Point, Clap**
1, 2, 3&4 Rock fwd on R, replace L back, shuffle back stepping R, L, R
5, 6, 7, 8 Rock back on R, replace L forward, point R to side, clap
- [64] Repeat dance facing new wall**
- Restart: On walls 3 and 6, dance up to count 32 (*), then begin the dance again.**

This sheet is correct as of 19 April 2016.