



Web site: www.linedancerweb.com

E-mail: admin@linedancerweb.com

Just One Dance

64 Count, 4 Wall, Intermediate

Choreographer: Christa Thomas (FR) May 2016

Choreographed to: One Dance by Drake, ft. Kyla and Wizkid

Intro: 16 Counts after track reaches full speed- beginning right after drums

- Section 1** **Side, Rock Back, Rec, Side, Rock Back, Rec**
1,2,3,4 R Step Side (1), Hold (2), L Rock Back (3), R Rec (4)
5,6,7,8 L Step Side (5), Hold (6), R Rock Back (7), L Rec (8)
- Section 2** **Rock Fwd, Rec, Rock Back, ¼ Turn Left, Rock Fwd, Rec, Rock Back, Rec**
1,2,3,4 R Rock Fwd (1), L Rec (2), R Rock Back (3), ¼ Turn Left On L Rec (4)
5,6,7,8 R Rock Fwd (5), L Rec (6), R Rock Back (7), L Rec (8)
- Section 3** **Side, Rock Back, Rec, Side, Rock Back, Rec**
1,2,3,4 R Step Side (1), Hold (2), L Rock Back (3), R Rec (4)
5,6,7,8 L Step Side (5), Hold (6), R Rock Back (7), L Rec (8)
- Section 4** **Rock Fwd, Rec, Rock Back, ¼ Turn Left, Rock Fwd, Rec, Rock Back, Rec**
1,2,3,4 R Rock Fwd (1), L Rec (2), R Rock Back (3), ¼ Turn Left On L Rec (4)
5,6,7,8 R Rock Fwd (5), L Rec (6), R Rock Back (7), L Rec (8)
- Section 5** **Side, Cross, Rec, ¼ Turn L, R Step Fwd**
1,2,3,4 R Step Side (1), Hold (2), L Cross Rock Over R (3), R Rec (4)
5,6,7,8 L Step Fwd ¼ Turn L (5) Hold (6), R Step Fwd (7), Pivot ½ Turn Left W/Weight On R (8)
- Section 6** **Shuffle Fwd, Rocking Chair**
1,2,3,4 L Step Fwd (1), R Step To L (2), L Step Fwd (3), Hold (4)
5,6,7,8 R Rock Fwd (5), L Rec (6), R Rock Back (7), L Rec (8)
- Section 7** **Step, Cross, Back, Together, Touch, Step**
1,2,3,4 R Step Fwd (1), Hold (2), L Cross Over R (3), Hold (4)
5,6,7,8 R Step Back (5), L Together (6), R Touch Fwd (7), R Step To R (8)
- Section 8** **Kick Ball Change, Run Fwd**
1,2,3,4 L Kick (1), L Step In Place (2), R Step Fwd (3), Hold (4)
5,6,7,8 (Swinging Hips) Take Small Steps Fwd – L (5), R (6), L (7), Hold (8)

Repeat And Enjoy!
