

Undisturbed Silence

60 Count, 2 Wall, Intermediate

Choreographer: Larry Schmidt (USA) May 2016

Choreographed to: The Sound Of Silence by Disturbed.

Album: Immortalized

16 ct intro. Lyrics start "Hello Darkness My Old Friend", start just before he sings "Friend" (Wt on left)

- Section 1** **"TWIST Step"(Right Across Left), Side Rock-Recover-Cross, 1/4 Back-Side-Cross, Sway L, Sway R, Triple Left**
1 Step right across left turning upper body to right diagonal,
2&3 Rock left onto left foot, Recover wt to right, Step left across right,
4&5 Turn ¼ left stepping back onto right, Step left foot left, Step right across left, (9:00)
6, 7 Step left foot left swaying hips left, Sway hips right w/ wt to right foot,
8&1 Step left foot left, Step right next to left, Step left foot left.
- Section 2** **Rock-Recover-1/4 Side, Rock-Recover-1/4 Forward, Walk, Walk (turning ¼), Run, Run, Run (in a ½ Circle W/ Long Side Step At End)**
2&3 Rock right foot behind left, Recover weight to left, Turn ¼ left onto right, (6:00)
4&5 Rock left foot behind right, Recover weight to right, Turn ¼ right stepping forward onto left, (3:00)
6, 7 Walk forward on right turning 1/8 right, Walk forward on left turning 1/8 right (12:00)
8&1 Run R-L-R making a ½ circle and making a long step right on the last step. (6:00)
- Section 3** **Rock-Recover-Side, Rock-Recover- ¼ Back, ½ L, ¼ L, Sailor W/ ¼ Turn**
2&3 Rock left behind right, Recover weight to right, Step left foot left,
4&5 Rock right behind left, Recover weight to left, Turn ¼ left stepping back onto right, (3:00)
6, 7 Turn ½ left stepping forward onto left, Turn ¼ left stepping to side onto right, (6:00)
8&1 Sweep left foot behind right making ¼ turn left, Step right foot right, Step left across right,(3:00)
- Section 4** **¼ R Lunge (Look), Recover W/ ½ Turn L, Step- ¼ Pivot-Cross Side, Together, Triple W/ ¼ Left**
2, 3 Lunge ¼ right onto right (6:00), Recover weight to left turning ½ left (12:00)
4&5 Step right foot forward, Pivot ¼ left onto left, Step right across left, (9:00)
6, 7 Step left foot left, Step right next to left,
8&1 Turn ¼ left stepping forward onto left, Step right next to left, Step left foot forward. (6:00)
- Section 5** **Rock-Recover-Back, Back-Back-Back W/ Drag, Back Coaster Step, Step, ¼ Pivot R**
2&3 Rock forward onto right, Recover weight to left, Step back onto right (dragging left),
4&5 Step back on left, Step back on right, Step back on left (dragging right),
6&7 Step back on right, Step left next to right, Step right foot forward,
8, 1 Step left foot forward, Pivot ¼ right onto right (9:00)
- Section 6** **Cross Rock-Recover-Side, Cross Rock-Recover-Side, Cross, ¼ Back, Triple W/ ½ Turn Left**
2&3 Rock left foot across right, Recover weight to right, Step left foot left,
4&5 Rock right foot across left, Recover weight to left, Step right foot right,
6, 7 Step left across right, Turn ¼ left stepping back onto right, (6:00)
8&1 Turn ¼ left onto left, Step right next to left, Turn ¼ left stepping forward onto left. (12:00)
- Section 7** **Rock-Recover-Back, Back, ½ Turn R, Step- ½ Pivot-Step, Cross Rock-Recover-Side**
2&3 Rock forward onto right, Recover weight to left, Step right foot back,
4, 5 Step left foot back, Turn ½ right stepping forward onto right, (6:00)
6&7 Step left forward, Pivot ½ right onto right, Step left foot forward (12:00)
8&1 Rock right foot across left, Recover weight to left, Step right foot right.
- Section 8** **Cross, ¼ Turn L, ¼ Turn L**
2 Step left foot across right
3 Turn ¼ left stepping back onto right,
4 Turn ¼ left stepping to the side onto the left foot. (6:00)
- Restart:** **4th wall: Dance thru count 55 (Step-1/2 Pivot- Step) Then replace the next Cross, Recover, Side with Step, ½ Pivot, Step, Step and restart from the beginning.**
8&1 **Step right foot forward, Pivot ½ onto left, Step right foot forward (12:00)**
2 **Step left foot forward.**
- Ending:** **At the end you will be facing 6:00, the music stops for a while. You can stop here or keep dancing at the same speed thru count 23, you'll now be facing 12:00, then for count 24, take a long step to the side with the left foot and pose.**

Enjoy