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Sunshine In My Pocket

64 Count, 4 Wall, Intermediate (Phrased)

Choreographer: Helen Woods (USA) May 2016

Choreographed to: Can't Stop The Feeling by Justin Timberlake.

CD: Can't Stop The Feeling

16 count intro, support on left

Phrase sequence: A B A B A(counts 1-16) A B A B A B Tag B A A(counts 1-16) Ending

PART A – 32 counts

Section 1 Step, Touch (Clap), Step, Touch (Clap), Step, Touch (Clap), Step, Touch (Clap)

- 1 Step right diagonally forward
- 2 Touch left beside right
- 3 Step left diagonally back
- 4 Touch right beside left
- 5 Step right diagonally back
- 6 Touch left beside right
- 7 Step left diagonally forward
- 8 Touch right beside left (12:00)

Section 2 Side, Behind, (Turn ½) Side, Brush, Side, Behind, Side, Brush

- 1 Step right to side
- 2 Step left behind right
- 3 Turn ½ right stepping right to side (6:00)
- 4 Brush left beside right
- 5 Step left to side
- 6 Step right behind left
- 7 Step left to side
- 8 Brush right beside left (6:00)

Section 3 Rock Forward, Recover, Rock Back, Recover, Step, (Turn ½) Shift, Step, (Turn ¼) Shift

- 1 Rock right forward
- 2 Recover left
- 3 Rock right back
- 4 Recover left
- 5 Step right forward
- 6 Turn ½ left shifting support left (12:00)
- 7 Step right forward
- 8 Turn ¼ left shifting support left (9:00)

Section 4 Rock Forward Recover, Together, Rock Back Recover, Together, Rock Side Recover, Together, Rock Side Recover, Together

- 1& Rock right forward, recover left
- 2 Step right together
- 3& Rock left back, recover right
- 4 Step left together
- 5& Rock right to side, recover left
- 6 Step right together
- 7& Rock left to side, recover right
- 8 Step left together (9:00)

PART B – 32 counts – clock faces continue from Part A

Section 1 Cross Side, Step, Cross Side, Step, Cross, Back, Back Lock, Back

- 1& Step right across left turning slightly left, step left to side and slightly forward squaring to front
 - 2 Step right to side and slightly forward turning slightly right
 - 3& Step left across right, step right to side and slightly forward squaring to front
 - 4 Step left to side and slightly forward turning slightly left
 - 5 Step right across left squaring to front
 - 6 Step left back
 - 7& Step right back, lock left in front of right
 - 8 Step right back (9:00)
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Section 2 Behind, Turn ½, Step, (TURN ¼) Side, Cross Side, Cross Side, Cross Side, Cross

- 1 Step left behind right
- 2 Turn ½ left keeping support left (3:00)
- 3 Step right forward
- 4 Turn ¼ left shifting support left (12:00)
- 5& Step ball of right across left, step left to side
- 6& Step ball of right across left, step left to side
- 7& Step ball of right across left, step left to side
- 8 Step ball of right across left (12:00)

Section 3 Rock Side Recover, Cross, Rock Side Recover, Cross, Paddle Turn ¼, Paddle Turn ¼, Paddle Turn ¼, Rock Side Recover

- 1& Rock left to side, recover right
- 2 Step left across right
- 3& Rock right to side, recover left
- 4 Step right across left
- 5& Partially step ball of left to side, (pushing left) turn ¼ right shifting support right (3:00)
- 6& Partially step ball of left to side, (pushing left) turn ¼ right shifting support right (6:00)
- 7& Partially step ball of left to side, (pushing left) turn ¼ right shifting support right (9:00)
- 8& Rock left to side, recover right (9:00)

Section 4 Cross Back, Side, Cross Back, Side, Step Lock, Step Step, Lock Step, Step

- 1& Step left across right, step right back
- 2 Step left to side
- 3& Step right across left, step left back
- 4 Step right to side
- 5& Step left forward, lock right behind left
- 6& Step left forward, step right forward
- 7& Lock left behind right, step right forward
- 8 Step left forward (9:00)

Tag 4 counts Shimmy, Shimmy, Shimmy, Shimmy

- 1 Shimmy
- 2 Shimmy
- 3 Shimmy
- 4 Shimmy

Ending 2 counts

- Step, Turn ½**
- 1 Step right forward
- 2 Turn ½ left keeping support right