



Web site: [www.linedancerweb.com](http://www.linedancerweb.com)

E-mail: [admin@linedancerweb.com](mailto:admin@linedancerweb.com)

## De Luna

112 Count, 2 Wall, Intermediate (Phrased)  
Choreographer: Malene Jakobsen & Anja Bach Christensen  
(DK) Apr 2016  
Choreographed to: Push Push by Kat De Luna, ft. Akon

---

Track: 3:09m - Appx. 134 BPM

Intro: 32 counts, 15 sec. into track - dance begins with weight on L

Restart: There is a restart third time you do B after 32 counts 6.00

Note: A is always done to the front and B always starts at 6.00

Sequence: AB AB A B with restart B, dance finishes at 12.00

Ending: After the kick on count 64 in B part: On count 1 step long step back on R dragging L towards R

### Part A

#### 1-8 Walk Back, 1/4, Point, 1/4, Sweep 1/4, Cross, Hitch

- 1-2 (1-2) Walk back. R, L 12.00
- 3-4 (3) Turn 1/4 R stepping R to R, (4) point L to L 3.00
- 5-6 (5) Turn 1/4 L stepping fwd. on L sweeping R, (6) continue to sweep another 1/4 L 9.00
- 7-8 (7) Cross R over L, (8) hitch L diagonally L 9.00

#### 10-16 Behind, 1/4, Walk Fwd., Fwd. Rock, Long Step Back, Drag

- 1-2 (1) Cross L behind R, (2) turn 1/4 R stepping fwd. on R 12.00
- 3-4 (3-4) Walk fwd. L, R 12.00
- 5-6 (5) Rock fwd. on L, (6) recover onto R 12.00
- 7-8 (7) Take long step back on L, (8) drag R heel towards L 12.00

#### 17-24 Back Rock, 1/4, Behind, Side, Fwd., Long Step Fwd., Hold

- 1-2-3 (1) Rock back on R, (2) recover onto L, (3) turn 1/4 L stepping R to R side 9.00
- 4-5 (4) Cross L behind R, (5) step R to R 9.00
- 6-7-8 (6) Step fwd. on L, (7) take long step fwd. on R, (8) hold 9.00

#### 25-32 Mambo 1/4, Weave, Side, Drag

- 1-2-3 (1) Rock fwd. on L, (2) recover onto R, (3) turn 1/4 L stepping L to L 6.00
- 4-5-6 (4) Cross R over L, (5) step L to L, (6) cross R behind L 6.00
- 7-8 (7) Take long step L stepping L to L, (8) drag R towards L 6.00

#### 33-40 Press & Sway, Sway, Back Rock, Shuffle 1/4

- 1-2 (1-2) Put hands on hips & press ball of R to R swaying R hip 6.00
- 3-4 (3-4) Sway L hip L over 2 counts – weight is on L (arms down again) 6.00
- 5-6 (5) Rock back on R, (6) recover onto L 6.00
- 7&8 (7) Turn 1/4 R stepping fwd. on R, (&) step L next to R, (8) step fwd. on R 9.00

#### 41-48 1/4 Sway, Sway, Back Rock, Shuffle 1/4 Back

- 1-2 (1-2) Put hands on hips & turn 1/4 R pressing ball of L to L swaying L hip 12.00
- 3-4 (3-4) Sway R hip over 2 counts – weight is on R (arms down again) 12.00
- 5-6 (5) Rock back. on L, (6) recover onto R 12.00
- 7&8 (7) Turn 1/4 R stepping back on L, (&) step R next to L (8) step back on L 3.00

### Part B

#### 1-8 Turn 1/4 R Stepping R To R Stretching R Arm Fwd. As If You're Pushing Someone Away R Palm Facing Fwd., Stretch L Arm Fwd. As If You're Pushing Someone Away L Palm Facing Fwd., Place L Hand On Top Of R Placing Them In Front Of Your Heart, Lift Both Hands From Your Heart, Place In Front Of Your Heart Again (it's Gonna Look Like Showing A Heartbeat), Back Rock, Side, Touch

- 1-2 (1) Turn 1/4 R stomping R to R stretching R arm fwd. palm facing fwd., (2) stretch L arm fwd. palm facing fwd. 6.00
  - 3 (3) Bring R hand in front of your heart placing L hand on top of R not touching your body 6.00
  - &4 (&) Remove hands slightly away from your body, (4) bring them close to your heart again 6.00
  - 5-6 (5) Rock back on L (no more arms), (6) recover onto R 6.00
  - 7-8 (7) Step L to L, (8) touch R next to L 6.00
-

- 
- 9-16 Side, Hold, Ball Side, Touch, Side Hold, Ball Side, Touch**  
1-2 (1) Step R to R, (2) hold 6.00  
&3-4 (&) Step L next to R, (3) step R to R, (4) touch L next to R 6.00  
5-6 (5) Step L to L, (6) hold 6.00  
&7-8 (&) Step R next to L, (7) step L to L, (8) touch R next to L 6.00
- 17-24 Step R To R Stretching R Arm Fwd. As If You're Pushing Someone Away R Palm Facing Fwd., Stretch L Arm Fwd. As If You're Pushing Someone Away L Palm Facing Fwd., Place L Hand Of R Placing Them In Front Of Your Heart, Lift Both Hands From Your Heart, Place In Front Of Your Heart Again (it's Gonna Look Like Showing A Heartbeat), Back Rock, Side, Touch**  
1-2 (1) Turn 1/4 stomping R to R stretching R arm fwd. palm facing fwd., (2) stretch L arm fwd. palm facing fwd. 6.00  
3 (3) Bring R hand in front of your heart placing L hand on top of R not touching your body 6.00  
&4 (&) Remove hands slightly away from your body, (4) bring them close to your heart again 6.00  
5-6 (5) Rock back on L (no more arms), (6) recover onto R 6.00  
7-8 (7) Step L to L, (8) touch R next to L 6.00
- 25-32 Side, Hold, Ball Side, Touch, Side Hold, Ball Side, Touch**  
1-2 (1) Step R to R, (2) hold 6.00  
&3-4 (&) Step L next to R, (3) step R to R, (4) touch L next to R 6.00  
5-6 (5) Step L to L, (6) hold 6.00  
&7-8 (&) Step R next to L, (7) step L to L, (8) touch R next to L 6.00  
**NOTE: The restart in B is here third time you do B, you'll face 6.00**
- 33-41 Side, Behind, Side, Cross, Side, Back Rock, 1/4, 1/2**  
1 (1) Step R to R 6.00  
2&3-4 (2) Cross L behind R, (&) step R to R, (3) cross L over R, (4) step R to R 6.00  
5-6 (5) Rock back on L, (6) recover onto R 6.00  
7-8-1 (7) Turn 1/4 R stepping back on L, (8) turn 1/2 R stepping fwd. on R 3.00
- 42-48 Fwd., Hold, Ball Step, 1/4, Hold, Ball Side, Kick**  
1-2&3 (1) Step fwd. on L, (2) hold, (&) step R next to L, (3) step fwd. on L 3.00  
4-5-6 (4) Step fwd. on R, (5) turn 1/4 L, (6) hold 12.00  
&7-8 (&) Step R next to L, (7) step L to L, (8) kick R fwd. 12.00
- 49-56 Cross, Hold, Back, Back, Kick, Cross, Hold, Back, Cross (these Steps Are Traveling Backwards)**  
1-2&3 (1) Cross R over L, (2) hold, (&) step back on L, (3) step back on R 12.00  
4-5-6 (4) Kick L fwd., (5) cross L over R, (6) hold 12.00  
&7-8 (&) Step back on R, (7) step L to L, (8) cross R over L 12.00
- 57-64 Side, Hold, Ball Cross, Side Rock, Hold, Ball Step, Kick**  
1-2&3 (1) Step R to R, (2) hold, (&) step R next to L, (3) cross L over R 12.00  
4-5-6 (4) Rock R to R, (5) recover onto L, (6) hold 12.00  
&7-8 (&) Step R next to L, (7) step fwd. on R, (8) kick R fwd. 12.00
-