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### Based on our dance Shangri-La (adapted to fit the great song from LMNT)

#### 8 count tag on wall 2 followed by a Restart

##### **Section 1 Cross Rock Rec Side 2 3 Cross Rock Recover Side 2 3**

1-2 Cross Rock Right over Left. Recover weight on to left foot.  
3&4 Cha Cha Right side on Right-left-Right.  
567&8 Repeat above 4 counts starting with left Foot.

##### **Section 2 Step ½ Pivot Shuffle Forward Step ½ Pivot Shuffle Forward**

1-2 Step Forward on Right foot. Pivot ½ turn to Left on both Feet.  
3&4 Shuffle forward on Right-Left-Right.  
567&8 Repeat above 4 counts Starting with Left Foot.

##### **Section 3 Right Side Behind ¼ RT 2 3 ¼ ½ Side Behind**

1-2 Step Right to Side. Cross Left Behind Right.  
3&4 Make a ¼ turn to to Right on Right-Left-Right.  
5678 Step ¼ on Lt. Step a ½ on Rt. Step side on Lt. Cross Right Behind.  
(this is Half of a Figure 8 turn & completes a full turn Right)

##### **Section 4 Turn Left-2-3 Pivot ¼ Pivot ¼ Pivot ¼**

1&2 Make a ¼ turn to Left on Left-Right-Left.  
345678 Step forward on Right.Pivot ¼ Left.. Repeat Twice More.

##### **Tag On Wall 2 Facing 6 o'clock Followed By A Restart From Sec 1.**

1-2 Cross Rock Right Foot over Left. Recover back on Left.  
3-4 Rock Back on Right Foot.Recover forward on Left Foot.  
5678 Repeat above 4 Counts... Then Start over From Section 1.

##### **Section 5 Cross Rock Recover Cha Cha Cha Cross Rock Sway**

1-2 Cross Rock. Right foot over. Left. Recover on Left.  
3&4 Cha Cha to Right Side on Right-Left-Right.  
5-6 Cross Rock Left over Right Foot. Recover on Right.  
7-8 Rock Left foot to side.Rock Right foot to side ( sway)

##### **Section 6 Cross Rock Recover Sway Cross Rock Recover Side 2 3**

1-2 Cross rock Left foot over Righttt. recover on right.  
3-4 Rock left foot to Side. Rock Right foot to the Side ( Sway )  
5-6 Cross rock Left foot over Right. Recover on right foot.  
7&8 Cha Cha to Left Side on Left-Right-Left.

##### **Section 7 Rock Rec ½ Turn Triple ½ Turn Triple Rock Rec**

1-2 Rock Forward on Right Foot. Recover on Left.  
3&4 Triple step ½ back on Right-Left-Right  
5&6 Triple Step ½ Back on Left-Right-Left.  
7-8 Rock Back on Right Foot. Recover forward on Left.

##### **Section 8 Shuffle Shuffle ¼ Pivot ¼ Pivot.**

1&2 Shuffle Forward on Right-Left-Right.  
3&4 Shuffle Forward on Left-Right-Left  
5678 Step Forward on Right. Pivot ¼ Left . Twice.

**Start over from sec 1.**