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# **Bootylicious**

120 count, 2 wall, Int/Adv level Choreographer : Sharon May (UK)

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Choreographed to: Bootylicious by Destiny's

Child

# Toe Touches forwards, heel lift, 1/4 turn Toe touches forwards, heel lift

- 1 & Touch R toe forwards, bring R foot back in to place, transferring weight on to R foot
- 2 & Touch L toe forwards, bring L foot back in to place, transferring weight on to L foot
- 3 & 4 Place R foot forwards, keeping weight on both feet, raise up on to balls of feet, lifting heels up, lower heels
  - & 5 Bring R foot back in to place making ¼ turn over left shoulder, and transferring weight on to R foot. Touch L toe forwards
  - & 6 Bring L back in to place, transferring weight on to L foot. Touch R toe forwards
  - & 7 Bring R foot back in place, transferring weight on to R foot. Touch left toe forwards
  - & Keeping weight on both feet, raise up on to balls of feet, lifting heels up, lower heels

# Toe touches forwards. Back touch, $\frac{1}{2}$ turn with Shoulder Shrugs. $\frac{1}{2}$ turn back with shoulder shrugs

- & 9 Put L foot back in to place. Weight on L foot, touch R toe forwards
- & 10 Place R foot back in place. Touch L toe forwards
- & 11 Place L foot back in place. Touch R toe forwards
  - 12 Lift the R foot up and place behind
- 13 & 14 Pivot ½ turn over right shoulder, at same time shrug shoulders X3
- 15 & 16 Pivot ½ turn back over left shoulder, at same time shrug shoulders X3 Styling When making ½ turn over right shoulder, slightly bend knees, Straighten knees on return ½ turn

#### Kicks & Touches, ½ turn, Kicks, Touches, Step in place

- 17 & 18 Kick R foot forward, bring back in to place, weight on R foot. Touch L toe out to left side
- 19 & 20 Kick L foot forward, make ½ turn over right shoulder stepping L, R
- 21 & 22 Repeat 17 & 18
- 23 & 24 Kick L foot forward, bring back in to place. Touch R toe in place

#### Step to side. Slide with Shimmies. 1 1/4 turn. Touch in place

- 25 26 Step R foot out to right side.
- 27 28 Slide L foot next to R foot for 3 counts. Shimmy at same time.
- 29 32 Turn 1 1/4 turns over left shoulder, stepping L, R, L, R in place
- 33 40 Repeat counts 17 to 24
- 41 48 Repeat counts 25 to 32

#### Cha cha steps backwards X 4. Left foot in place

- 49 & 50 Cha cha back, R, L, R (angle body slightly diagonal to right)
- 51 & 52 Cha cha back, L, R, L (angle body slightly diagonal to left)
- 53 & 54 Cha cha back R, L, R, (angle body slightly diagonal right)
- 55 & 56 Cha cha back L, R, then step L in place next to R foot face forwards.

#### Side Steps (Cuban hips ) Skate , Side Steps (Cuban hips ) Left 1/4 turn

- 57 & 58 Step R foot out to right side, Step L next to R. Step R foot out to right side
  - & 59 Step L foot next to R. Step R foot out to right side.
    - 60 Skate left on spot.
- 61 & 62 Twist body back from skate & step R foot out to right side. Step L foot next to R foot. Step R foot out to right side.
  - & 63 Step L foot next to R foot. Step R foot out to right side. Weight on R foot
    - 64 Raise L foot and step making ¼ turn over left shoulder

## **Moving Forward Thrusts.**

- 65 & 66 Weight on L foot, Touch R toe in front. Bring R foot back, place at side of L foot but slightly forwards
- 67 & 68 Weight on R foot, Touch L toe in front. Bring L foot back, place at side of R foot but slightly forwards
- 69 & 70 Repeat counts 65 & 66
- 71 72 Weight on R foot, Touch L toe in front. Place L foot next to R foot.

# 1 1/2 Turns over Right Shoulder, Pray & Bend with Bounces,

- 73 76 Turn 1 ½ turns over right shoulder, stepping R, L, R, L foot in place
- 77 & 78 Hold hands in prayer position at chest height, bend over from waist, shrugging shoulders 3X
- 79 & 80 Raise up, shrugging shoulders 3X

## Side step, Knee Bends, Raise arm & point

- 81 & 82 Step R foot out to right side, shoulder width apart, placing weight on R toe Toe facing right. Bend R knee slightly forward. Turn Knee out.
- 83 & 84 Turn knee in. Turn knee out.
- 85 & 86 Face head towards right. At the same time, raise R arm up and out to right side and point finger. Turn head to look left.
- 87 & 88 Slide R foot next to L foot over 2 counts. Look forwards at end of slide.
- 89 104 Repeat counts 81 to 88

#### Moving Forward Thrusts, Walk Back with Shimmies

- 105 108 Repeat counts 65 to 72
- 109 112 Walk back, with shimmies, R, L, R, L foor in place.

#### **Paddle Turns and Express Yourself!**

- 113 & 114 Weight on L foot, Raise R knee up, then down
- 115 & 116 Repeat counts113 & 114

Repeat Dance 3 times. After 3rd time add these last counts and have fun!!

117 to 120 These last counts are for you to finish the dance in your own style!! Go for it!!!

Choreographers notes The dance is a lot of counts, but a lot are repeated. No tags No Bridges No Tags!!!! Just give a lot of attitude and pose!!!!

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