



Web site: www.linedancerweb.com

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Seven Year Ache

32 Count, 4 Wall, Beginner

Choreographer: Jim Watt (AU) Sept 2015

Choreographed to: Seven Year Ache by Trisha Yearwood,
ft. Rosanne Cash

Track: 3:35m - 122bpm

Counter clockwise.

Feet together with weight on left.

Section 1 Double Hips Right, Double Hips Left, Coaster Step, Touch
1,2,3,4, Bump hips to right twice, bump hips to left twice
5,6,7,8 Step right back, step left next to right, step right forward, touch left next to right

Section 2 Double Hips Left, Double Hips Right, Coaster Step, Touch
1,2,3,4, Bump hips to left twice, bump hips to right twice
5,6,7,8 Step left back, step right next to left, step left forward, touch right next to left

Section 3 Side, Together, Back, Touch, Side, Together, Forward, Touch
1,2,3,4 Step right to side, step left next to right, step right back, touch left next to right
5,6,7,8 Step left to side, step right next to left, step left forward, touch right next to left

Section 4 Vine to the right, Touch, Vine to the left ¼ turn, Touch
1,2,3,4 Step right to the side, step left behind right, step right to the side, touch left next to right
5,6,7,8 Step left to the side, step right behind left, step left to the side turning ¼ left,
touch right next to left

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