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The Heart Goes On

32 Count, 4 Wall, Improver
Choreographer: Gaye Teather (UK) Mar 2016
Choreographed to: My Heart Will Go On by
Jaynie from Souls 'n' Stone.

98 bpm. 40 count intro from first heavy beat – 33 secs. Start on vocals

Dance rotates in CW direction

Section 1

Cross. Point. Cross. Side Rock (x2)

1 – 2 Cross step Right over Left. Point Left to Left side
3&4 Cross Left over Right. Rock Right to Right side. Recover onto Left
5 – 6 Cross step Right over Left. Point Left to Left side
7&8 Cross Left over Right. Rock Right to Right side. Recover onto Left

Note: These 8 counts travel slightly forward

Section 2

Forward Rock. Full Turn Right (travelling Backwards). Right Coaster Step.

Cross Point/Flick

1 – 2 Rock forward on Right. Recover onto Left
3 – 4 Half turn Right stepping forward on Right. Half turn Right stepping back on Left (Facing 12 o'clock)

Non-turning option: Walk back Right. Left

5&6 Step back on Right. Step Left beside Right. Step forward on Right
7 – 8 Cross Left over Right. Point Right to Right side (or flick back)

*** Tag/restart during wall 5. See note below**

Section 3

Diagonal Shuffle Left. Hitch. Diagonal Shuffle Right. Sway. Sway. Sailor Step

1&2 Turning to face Left diagonal step forward on Right. Step Left beside Right. Step forward on Right
& Turn to face Right diagonal hitching Left knee
3&4 Facing Right diagonal step forward on Left. Step Right beside Left. Step forward on Left
5 – 6 Straightening up to face 12 o'clock sway Right onto Right foot. Sway Left onto Left foot
7&8 Cross Right behind Left. Step Left to Left side. Step Right to Right side

Section 4

Touch Back. Half Turn Left. Step. Pivot Quarter Turn Left. Jazz Box

1 – 2 Touch Left toe back. Half turn Left transferring weight onto Left
3 – 4 Step forward on Right. Pivot quarter turn Left (Facing 3 o'clock)
5 – 6 Sweep Right over Left. Step back on Left
7 – 8 Step Right to Right side. Step forward on Left

Start again

***Tag/restart at this point during wall 5, add the following 4 counts (Right jazz box) and restart from the beginning (You will be facing front)**

Tag:

Jazz Box

1 – 4 Cross Right over Left. Step back on Left. Step Right to Right side. Step forward on Left

Ending:

The dance ends on the last step of the music facing front. Take a big step forward with arms above head in a V shape for a dramatic finale!

Track available from <https://www.justgiving.com/myheartwillgoon2016>