



Web site: [www.linedancerweb.com](http://www.linedancerweb.com)

E-mail: [admin@linedancerweb.com](mailto:admin@linedancerweb.com)

## Stitches

32 Count, 4 Wall, Absolute Beginner  
Choreographer: Debbie Small (USA) Apr 2016  
Choreographed to: Stitches by Shawn Mendes.  
CD: Handwritten

---

**Intro: Start after “you watch me” on the word “bleed” (count 1 of the first chorus)**

**Section 1 Side Together, Toe Struts Forward 3x**

1-2 Step right side, step left together  
3-4 Step right toe forward, drop right heel  
5-6 Step left toe forward, drop left heel  
7-8 Step right toe forward, drop right heel

**Section 2 Side Together, Toe Struts Forward 3x**

1-2 Step left side, step right together  
3-4 Step left toe forward, drop left heel  
5-6 Step right toe forward, drop right heel  
7-8 Step left toe forward, drop left heel

**Section 3 Rocking Chair, Step Pivot 1/4 Left**

1-2 Rock right forward, recover left  
3-4 Rock right back, recover left  
5-6 Step right forward, hold  
7-8 Turn ¼ left and step left forward, hold (9:00)

**Section 4 Step Touch Diagonally Forward, Step Touch Diagonally Back 3x**

1-2 Step right diagonally forward, touch left together  
3-4 Step left diagonally back, touch right together  
5-6 Step right diagonally back, touch left together  
7-8 Step left diagonally back, touch right together

**Optional: Clap on counts 2,4,6,8**

**Repeat**