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I Feel Forever

64 Count, 4 Wall, Advanced

Choreographer: Erica De Vaan (NL) Nov 2015

Choreographed to: I Feel Forever by Greg Holland

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- Intro:** 32 counts (starting from beats)
Note: Dance starts 2 counts before singing
- Section 1** **Side, Rock Step, Chassé R, Rock Step, Chasse L**
1 LF step L
2 – 3 RF rock back – recover on L
4 & 5 RF step R – LF close – RF step R
6 – 7 LF rock fwd – recover on R
8 & 1 LF step L – RF close – LF step L
- Section 2** **Rock Step, Shuffle Fwd, Shuffle 1/2 Turn R (x2),**
2 – 3 RF rock back – recover on L
4 & 5 RF step fwd – LF close – RF step fwd
6 & 7 LF step ¼ R – RF close – LF step ¼ R
8 & 1 RF step ¼ R – LF close – RF step ¼ R
Option count 4 - 1: 3x shuffle fwd
- Section 3** **Rock Step, Step Back, Slide, Rock Step, Shuffle Fwd**
2 – 3 LF rock fwd – recover on R
4 – 5 LF step back – RF slide to LF
6 – 7 RF rock back – recover on L
8 & 1 RF step fwd – LF close – RF step fwd
- Section 4** **Pivot 1/4 R, Cross, Hold, Hip Sways, Chassé R**
2 – 3 LF step fwd – LV&RV ¼ turn R
4 – 5 LF cross over – Hold
6 – 7 RF step R and sway hip R – L
8 & 1 RF side step – LF close – RF side step
- Restart in the 5th wall: [3]**
(you can hear it in the music, different melody)
Dance count 6 - 7 from section 4 and finish with:
8 **Sway hip to the R**
- Start over with the dance:**
1 **LF step L**
- Section 5** **Points, Coaster Step 1/4 L, Walk R L, Shuffle Fwd**
2 – 3 LF touch fwd – LF touch L
4 & 5 LF ¼ L step back – RF close – LF step fwd
6 – 7 RF step fwd – LF step fwd
8 & 1 RF step fwd – LF close – RF step fwd
- Section 6** **Rock Step, Sailor Step (X2), Sailor Step 1/4 L**
2 – 3 LF rock fwd – recover on R
4 & 5 LF cross behind – RF step out – LF step out
6 & 7 RF cross behind – LF step out – RF step out
8 & 1 LF cross behind ¼ L – RF step out – LF step out
- Section 7** **Paddle With Hip Roll 3x In 1/2 Turn L, Shuffle Fwd**
2 – 3 RF step fwd on ball – weight back on LF 1/6 L
4 – 5 RF step fwd on ball – weight back on LF 1/6 L
6 – 7 RF step fwd on ball - weight back on LF 1/6 L
8 & 1 RF step fwd – LF close – RF step fwd
Paddle turn: roll your hips
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Section 8: Rock Step, Step Back, Slide, Slow Coaster Cross

2 – 3 LF rock fwd – recover on R
4 – 5 LF step back – RF slide to LF
6 – 7 RF step back – LF close
8 RF cross over

START AGAIN! (1 LF step L)

Tag: Do the dance 2x completely [6] and then add this Tag (12 counts):
Side, rock step, chassé ¼ R, step, pivot ½ R, ¼ R chassé L, Step R, slide

1 LF step L
2 – 3 RF rock back – recover on L
4 & 5 RF step R – LF close – RF step ¼ R
6 – 7 LF step fwd – LV&RV turn ½ R
8 & 1 LF ¼ R step L – RF close – LF step L
2 – 3 – 4 RF big step R – LF slide to RF (2 counts)

Start the dance again [6]

Finish: the dance ends in the 7th wall [6] :

***After the sailor steps (count 6 & 7 section 6), dance a sailor step**

***1/2 turn L [12], RF rock fwd, recover on L, RF slide across**