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## A Lesson In Love

48 Count, 2 Wall, Advanceed (NC2S)

Choreographer: Dee Musk (AU) & Simon Ward (AU)

Apr 2016

Choreographed to: All I Ask by Adele.

Album: 25

### Notes:

**Dance starts on vocals, approx. 13 secs into track**

**Dance ends facing front wall on count 5 (L sweep)**

**Restart/Step Change during Walls 3 & 6, See notes.**

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- Section 1**     **R Back Drag L, L Back, ½ Turn R, L Fwd, Pivot ½ R, ½ Turn R, R Back With Sweep, L Behind, R Side, L Twinkle, Cross/Step R**
- 1-2&     Step large step back on right dragging left towards right, Step left back, Turn a ½ turn right stepping right forward 6.00
- 3-4&     Step left forward pivoting ½ turn right, Complete ½ turn right stepping onto right 12.00, Turn ½ turn right stepping left back 6.00
- 5-6&     Step right back sweeping left back and behind right 6.00, Step left behind right, Step right to right side 6.00
- 7&8&     Cross/step left over right, Step right slightly to right, Step left in place, Cross/step right over left 6.00
- Section 2**     **L Side, ¾ Spiral Turn R, R Fwd, ½ Turn R With Sweep, R Behind, L Side, Syncopated Circle**
- 1-2     Step left to left side spiral turning ¾ turn right 3.00 , Step right foot slightly forward
- 3-4&     Make a ½ turn right stepping left back sweeping right back 9.00, Step right behind left, Step left slightly to left     **\*Restart 1\***
- 5&     Step right forward turning 1/8 turn left 7.30, Turn a further 1/8 left cross/stepping left over right 6.00
- 6&     Step right slightly back, Turn a further 1/8 left stepping left slightly back 4.30
- 7&     Step right behind left, Step left slightly left
- 8&     Step right forward starting to turn to 3.00, Cross/step left over right turning 1/8 turn left to 3.00
- Section 3**     **R Basic, L Basic, Lunge R With Heel, ¾ Turn Right On L, R Fwd, L Fwd, Step R Beside L**
- 1-2&     Step right to right side, Step left slightly behind right, Cross/step right over left 3.00
- 3-4&     Step left to left side, Step right slightly behind left, Cross/step left over right 3.00
- 5-6     Lunge right to right side touching left heel to the ground, Recover weight onto left turning a ¾ turn right hooking right under left 12.00
- 7-8&     Step right forward, Step left slightly forward, Step right beside left 12.00
- Section 4**     **L Back, ¼ Turn R Swaying R,L,R, Cross L Jazz Box With Sweep, R Behind, L Side, Cross/Rock R, Recover L**
- 1-2     Step left back dragging right towards left, Turn ¼ turn right stepping right to right swaying body right 3.00
- 3-4     Step left to left swaying body left, Step right to right swaying body to right 3.00
- 5&6     Cross/step left over right, Step right slightly to right & back, Step left slightly back sweeping right back 3.00
- 7&8&     Step right behind left, Step left slightly to left, Cross/rock right over left, Recover weight onto left 3.00
- Section 5**     **R Side, ¼ Turn R, R Back, L Coaster/Step Cross, R Basic, Rock To L, Recover R, Cross/Step L, ¼ Turn L**
- 1-2     Step right to right side, Pivot ¼ turn right taking weight back on left & stepping back on left 6.00     **\*Restart 2\***
- 3&4&     Step right slightly back, Step left back, Step right beside left, Cross/step left over right 6.00
- 5-6&     Step right to right side, Step left slightly behind right, Cross/step right over left 6.00
- 7&8&     Rock/step left to left side, Recover weight onto right, Cross/step left over right, Turn ¼ turn left stepping right back 3.00
- Section 6**     **Rock L back, Recover R, ½ turn L, Rock R back, Recover L, ¼ turn L, Rock L back, Walk R, L, Rock R fwd, Recover L**
- 1-2&     Rock/step left back, Recover weight onto right, Turn a ½ turn right stepping left back 9.00
- 3-4&     Rock/step right back, Recover weight on left, Turn a ¼ turn left stepping right back 6.00
- 5     Rock/step left back
- 6-7     Walk forward right, left 6.00
- 8&     Rock/step right forward, Recover weight on left 6.00
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**Restart:**            **Step Change/Restart during Wall 3**  
Dance to count 4& of section 2 then replace counts 5&6&7&8& with;  
**5-6**                    **Step R forward to 9.00, Cross/Step L forward to 7.30.**  
**7-8**                    **Step R back to 6.00, make a ½ turn L stepping L forward to 12.00.**  
                          **(These 4 counts are like a Jazzbox turning L).**  
                          **(Make a ½ turn L to Restart facing 6 o'clock wall).**

**Step Change/Restart during Wall 6**  
Dance to count 2 of section 5 then replace counts 3&4& with;  
**3&4&**                    **Back Rock R, Recover, Forward Rock R, Recover. (Restart facing 12 o'clock wall).**

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