

**Clean Up Woman**

32 Count, 4 Wall, Improver

Choreographer: Linda McCormack (UK) Mar 2016

Choreographed to: Clean Up Woman by Leela James

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- Section 1**  
1,2,3,4.  
5,6&7&8.
- R Grapevine With A Jump (clap Hands), L Syncopated Grapevine Touching R Toe Behind.**  
R side (1); L behind (2); R side (3); jump both feet together whilst clapping hands (4);  
L side (5); R behind (6); step L slightly to L side (&); cross R in front of L (7);  
step L slightly to L side (&); touch R toe behind L (8);
- Section 2**  
**Together,**  
1,2,3,4.  
5,6,7&8.
- R Grapevine With A Jump (clap Hands), L Rolling Vine With A ¼ Turn L, Snatch Feet In Shoot Feet Out (shoulder Width Apart)**  
R side (1); L behind (2); R side (3); jump both feet together whilst clapping hands (4);  
¼ turn L stepping forward on LF (9.00 wall) (5); ½ turn L stepping back on RF (3.00 wall) (6);  
½ turn L stepping forward on LF (9.00 wall)(7); snatch both feet together (on balls of feet,  
feet don't leave the floor)(&); shoot both feet out to sides (shoulder width apart,  
weight even across feet)(8);
- Section 3**  
1,2,3,4.  
5,6,7,8.
- Hip Bumps (R,L,double R- L,R,Double L)**  
Hip bump to the R (1); hip bump to the L (2); double hip bump to the R (3,4);  
Hip bump to the L (5); hip bump to the R (6); double hip bump to the L (7,8);
- Section 4**  
1&2&.  
3&4.  
1&2&.  
7,8.
- R rock forward, recover, R side rock, recover, R sailor cross, L rock forward, recover, L side rock, recover, L cross behind, unwind full turn R**  
Rock forward R (1); recover weight back onto L (&); rock R to R side (2);  
recover weight back onto L (&);  
Cross R behind L (3); step L slightly to L side (&); cross R over L (4);  
Rock forward L (1); recover weight back onto R (&); rock L to L side (2);  
recover weight back onto R (&);  
Cross L behind R (7); turning to the R unwind a full turn (back to 9.00 wall, weight ends on LF) (8);
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