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This Is What It Takes

32 Count, 2 Wall, Intermediate Choreographer: Julia Wetzel (USA) Feb 2016 Choreographed to: This Is What It Takes by Shawn Mendes.

Album: Handwritten

Track: Length 3:50m

Intro: 16 counts (approx. 12 seconds into track, start on lyrics "Watch")

Section 1 1, 2& 3, 4& 5 - 7 8&1	R Basic, Side, Behind, ¼, Step, ½ Pivot, ¼ Side, Behind, ¼, Cross Rock Step R to right side (1), Close L behind R (2), Cross R over L (&) 12:00 Step L to left side (3), Step R behind L (4), ¼ Turn left step L fw (&) 9:00 Step R fw (5), Pivot ½ turn left step L fw (6), ¼ Turn left step R to right side (7) 12:00 Step L behind R (8), ¼ Turn right step R fw (&), Cross rock L over R (1) 3:00
Section 2 2&3 4&5 6&7 8	Recover, Side, Cross Rock, Recover, ¼, ¾ Spiral, Side, Cross, Side, Touch Recover on R (2), Step L to left side (&), Cross rock R over L (3) 3:00 Recover on L (4), ¼ Turn right step R fw (&), Step L fw and spiral ¾ turn right on L (5) 3:00 Step R to right side (6), Cross L over R (&), Step R to right side (7) 3:00 Touch L next to R lowering body by bending both knees (8) 3:00
Section 3 1 2&3 4&5 6 - 8	1/4 Sweep, Diag. Shuffle with 1/4 Hitch, Diag. Shuffle, Diag. Step, Touch, 1/2 Unwind L Rise up and make 1/4 turn left stepping L fw while sweeping R from back to front (1) 12:00 Step R fw slightly cross L (10:30) (2), Step L next to R (&), Step R fw slightly cross L (10:30) and turn 1/4 right on ball of R while hitching L (now facing 1:30) (3) Note: Move towards 10:30 while shuffling 1:30 Step L fw slightly cross R (1:30) (4), Step R next to L (&), Step L fw slightly cross R (1:30) (5) Note: Move toward 1:30 while shuffling 1:30 Step R fw to right diag. and square body to 12:00 (6), Touch L behind R (7), Unwind 1/2 turn left ending with L over R and weight mostly on L, bending both knees slightly (8) 6:00
Section 4 1 2&3 4&5 6 - 8	1/2 Unwind R Sweep, Behind, Side, Rock, Recover, 1/4, Cross, 1/4, 1/2 Sweep, Touch Unwind 1/2 turn right on L sweeping R from front to back (1) 12:00 Step R behind L (2), Step L to left side (&), Rock R fw (3)12:00 Recover on L (4), 1/4 Turn right step R to right side (&), Cross L over R (5)3:00 1/4 Turn left step R back (6), 1/2 Turn left step L fw sweeping out R as if drawing a large CCW circle on the floor (7), Touch R next to L (8) Optional styling for arms during sweep: See my demo 6:00
Tag: [1 – 8] 1, 2& 3, 4& 5 - 8	At the end of Wall 3 facing 6:00, do the following 16 counts before starting Wall 4 facing 6:00 R Basic, Side, Behind, ¼, Step, ½ Pivot, ¼ Side, Touch Step R to right side (1), Close L behind R (2), Cross R over L (&) 6:00 Step L to left side (3), Step R behind L (4), ¼ Turn left step L fw (&) 3:00 Step R fw (5), Pivot ½ turn left step L fw (6), ¼ Turn left step R to right side (7), Touch L next to R (8) 6:00
[9 - 16] 1, 2& 3, 4& 5 - 8	L Basic, Side, Behind, ¼, Step, ½ Pivot, ¼ Side, Touch Step L to left side (1), Close R behind L (2), Cross L over R (&) 6:00 Step R to right side (3), Step L behind R (4), ¼ Turn right step R fw (&) 9:00 Step L fw (5), Pivot ½ turn right step R fw (6), ¼ Turn right step L to left side (7), Touch R next to L (8) 6:00

Ending At the end of Wall 9 dance up to Count 15, then make 1/4 turn left on R to face 12:00 and point L fw