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Dance The Boogie Woogie

64 Count, 2 Wall, Beginner

Choreographer: Ilona Tessmer-Willis (USA) Mar 2016

Choreographed to: Boogie Woogie Fiddle Country Blues by
Charlie Daniels Band

Track: 3:17m - 157bpm

This Dance was written for any Boogie Woogie from any decade in any genre. If a 48 count song is chosen---skip first 16 counts & start on S2, (all suggested songs can be found on iTunes).

Other song suggestions:

"Boogie Nr 1" Mickey Muster

"Route 66" Asleep At The Wheel

"Roll On Big Mamma" Joe Stampley

"Boogie Woogie Stomp" Albert Ammons (peppy)

"Lewis Boogie" Jerry Lee Lewis (short)

"Boogie Woogie Bugle Boy" Bette Midler

Intro: 48 counts

- Section 1 R & L Diagonal Toe Struts, R Rock Back 2x, R & L Toe Struts (16 Counts)**
- 1-4 Step R Toe Front Diagonally (1:30) Drop Heel, Step L Toe Front Diagonally (10:30) Drop Heel
5-6 R Rock-back, L Recover Weight
7-10 Step R Toe Front Diagonally (1:30) Drop Heel, Step L Toe Front Diagonally (10:30) Drop Heel
11-12 R Rock-Back, L Recover Weight
13-16 Step R Toe Front Diagonally (1:30) Drop Heel, Step L Toe Front Diagonally (10:30) Drop Heel
- Section 2 Forward Diagonal R & L Toe Struts, Forward R & L Skate Steps (BENT Knee)**
- 1-2 R Toe Step Forward Diagonally (1:30) Swivel on Ball (12:00) Drop Heel
3-4 L Toe Step Forward Diagonally (10:30) Swivel on Ball (12:00) Drop Heel
5-8 Skate Forward R, Skate Forward L, Skate Forward R, Skate Forward L R as Toe points R, swivel to L on Ball, weight to R, repeat with L, weight on L
7-8 Walk R as Toe points R, swivel to L on Ball, weight on R repeat with L, weight on L Walk R as Toe points R, swivel to L on Ball, weight to R, repeat with L, weight on L
7-8 Walk R as Toe points R, swivel to L on Ball, weight on R repeat with L, weight on L
- Section 3 R Double Kick, L Double Kick, R Kick Step (Option To Kick: Toe Touch)**
- 1-3 R Low Kick Forward (2x) R Step next to L (Option to Kicks: Toe Touch)
3-6 L Low Kick Forward (2x) L Step next to R
7-8 R Kick, R Step next to L
- Section 4 Hop Forward & Back, Step Back R & L 1/4 Turn Left (Option To Hop: Walk)**
- 1-4 R Hops Forward L Beside R, R Hops Back L Beside R (Option: Step Forward R & L Back R & L)
5-8 Step Back R L R L completing a 1/4 Left Turn
- Section 5 Forward Diagonal R & L Toe Struts, Forward R & L Skate Steps (ALL Bent Knee)**
- 1-2 R Toe Step Forward Diagonally (1:30) Swivel on Ball (12:00) Drop Heel
3-4 L Toe Step Forward Diagonally (10:30) Swivel on Ball (12:00) Drop Heel
5-8 Skate Forward R, Skate Forward L, Skate Forward R, Skate Forward L R as Toe points R, swivel to L on Ball, weight to R, repeat with L, weight on L
- Section 6 4 Low Kicks Turn 1/4 Left (Option To Kick: Toe Strut)**
- 1-4 R & L Low Kick Forward turning 1/8 Left
5-8 R & L Low Kick forward turning 1/8 Left
- Section 7 Left Full Turn: 4 Pivots (OPTION To Pivot: Step R&L 2x)**
- 1-2 Step R Forward, pivot 1/4 to Left (weight on left)
3-4 Step R Forward, pivot 1/4 to Left (weight on left)
5-6 Step R Forward, pivot 1/4 to Left (weight on left)
7-8 Step R Forward, pivot 1/4 to Left (weight on left)

Boogie Woogie is cousin to Rock 'n' Roll. Steps are basic for easy learning & options are for dancers having issues with balance or turning. Enjoy!

Fun Fact: "The origin of the term boogie-woogie is unknown, according to Webster's Third New International Dictionary. The Oxford English Dictionary states that the word is a reduplication of boogie, which was used for "rent parties" as early as 1913". Source: Wikipedia