

Rinse & Repeat!

32 Count, 4 Wall, Beginner

Choreographer: Johan Bouillon, (South Africa) 12/03/2016

Choreographed to: Rinse & Repeat by Riton feat. Kah-LO

Intro: 32 counts from beginning of the track

Note: Restart on wall 6 after 8 counts

[1-8] Kick Ball Step, Kick Step Touch, Behind Side Cross, Side Touch

1&2 Kick RF forward, Step RF next to LF, Touch LF Diag back L

3&4 Kick LF forward, Step LF next to RF, Touch RF Diag back R

5&6 Step RF behind LF, Step LF to L, Cross RF in front of LF

7,8 Step LF to L, Touch RF next to LF

Restart here on wall 6

[9-16] Full Circle Walk, 2 X Hip Bumps R&L

1,2,3,4 Walk in a full circle turning over R shoulder R-L-R-L

5&6 Touch RF diag forward while moving hips to R, Recover hips to centre, Step forward on RF

7&8 Touch LF diag forward while moving hips to L, Recover hips to centre, Step forward on LF

[17-24] ½ Turn Jazz Box, Hitch & Side, Duck & Dive

1,2,3,4 Cross RF in front of LF, Step LF back making a ¼ turn over R shoulder, Step RF to R, Step LF forward while making a ¼ turn to R

5&6 Hitch R knee up, Touch R toe back, Turn ¼ R taking weight on RF

7,8 Push shoulders and upper body to R, Push shoulders and upper body to left

[25-32] Touch, Touch, Sailor Step, Touch Back Unwind, Step R Side, Step L Side

1,2 Touch RF fwd to diagonal L, Touch RF to R

3&4 Step RF behind LF, Step LF to L, Step RF to R

5,6,7,8 Touch L toe back, Unwind ½ turn L taking weight on LF, Step RF to R, Step L to L