

Boom Shack-A-Lak

48 Count, 2 Wall, Improver

Choreographer: Peter Jones & Anna Lockwood (UK)

July 2011

Choreographed to: Boom Shack-A-Lak

by Apache Indian CD: Young, Gifted & Black

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Starts 21 seconds in on the vocals "Wind your body"

1 2 x Hip Rolls R, 2 x Hip Rolls L, Rocking Chair, 2 x Step Turns.

1-4 Touch R Forward, Rotate Hips x 2 R Over 2 Counts, Step Onto R, Hold.

5-8 Touch L Forward, Rotate Hips x 2 L Over 2 Counts, Step Onto L, Hold.
(Alternatively Replace Hip Rolls With Hip Bumps Forward, Back, Forward, Hold).

Restart Here On Wall 3 Facing 12.00.

2 Rocking Chair, Step Turn, Step Turn.

1-4 Rock Forward Onto R, Rock Back Onto L, Rock Back Onto R, Rock Forward Onto L.

5-8 Step Forward Onto R, Pivot ½ L Onto L, Step Forward Onto R, Pivot ½ L Onto L.

3 Grapevine, Flick & Clap, Grapevine, Flick & Clap.

1-4 Step R To R Side, Step L Behind R, Step R To R Side, Flick L Behind R & Clap Hands Up To R Side.

5-8 Step L To L Side, Step R Behind L, Step L To L Side, Flick R Behind L & Clap Hands Down To L Side.

4 Side, Flick, Side Flick, Grapevine ¼ Turn, Hold.

1-4 Step R To R Side, Flick L Behind R Touching R Hand To L Heel. Step L To L Side, Flick R Behind L Touching L Hand To R Heel.

5-8 Step R To R Side, Step L Behind R, Turn ¼ R Stepping Onto R, Hold.

5 Step, Turn, Step, Hold, Cross, Point, Cross, Point.

1-4 Step Forward Onto L, Pivot ½ R Onto R, Step Forward Onto L, Hold.

5-8 Cross R Over L, Point L To L Side, Cross L Over R, Point R To R Side.

6 Jazz Box, Turn L ¼, ¼, ¼, ½.

1-4 Cross R Over L, Step Back Onto L, Step R To R Side, Step Forward Onto L.

5-8 Step ¼ L Onto R, Hinge ¼ L Onto L, Step ¼ L Onto R, Hinge ½ L Onto L.

Music download available from iTunes

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