

## Disturbia

32 Count, 4 Wall, Improver

Choreographer: Lam Lam (HK) Mar 2016

Choreographed to: Disturbia by Nightcore (3:30mins) or

Disturbia by Rihanna (3:54mins)

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### Intro: 32 count

**Section 1 Walk Fwd Rlr Kick, Walk Back Lrl & Touch**1234 Walk Fwd on R L R & Kick  
5678 Walk Back on L R L & Toe Touch Back (12:00)**Section 2 Full Turn R, Coaster Step, Walk Fwd L R L, Drag & Touch**1 2 1/2R Step on R (1), 1/2R Step L back (2)  
3&4 Step back on R (3), Step together on L (&), Step R fwd (4)  
5 6 Walk fwd on L R (5,6)  
7 8 Step L fwd (7), Drag R towards L & Touch (8) (12:00)**Section 3 Cross, Side, Sailor Heel & Cross 1/4l, 1/4l Into Side Shuffle**1 2 Cross R over L (1), Step L to side (2)  
3&4 Cross R behind L (3), Step L next to R (&), Dig R Heel diagonal right  
&5 6 Step R beside L (&), Cross L over R (5), 1/4L Step back on R (6)  
7&8 1/4L Step L to side (7), Step together on R (&), Step L to side (8) 6:00**Section 4 Jazz Box 1/4 Turn R, Rocking Chair On R**1234 Cross R over L (1), 1/4R Step L back (2), Step R to side (3), Step L fwd (4)  
5678 Rock fwd on R (5), Recover on L (6), Rock back on R (7), Recover on L (8) 9:00**Tag: 32 counts tag to be added after Wall 4 & 8, both facing 12:00****Figure 8**123 Step R to side (1), Cross L behind R (2), 1/4R Step R fwd (3),  
45 Step L fwd (4), Pivot 1/2R (5),  
678 1/4R Step L to side (6), Cross R behind L (7), 1/4L Step L fwd (8)**Rocking Chair on R, Pivot 1/2L, Paddle 1/4L**1234 Rock fwd on R (1), Recover on L (2), Rock back on R (3), recover fwd on L (4)  
5678 Step R fwd (5), pivot 1/2L (6), Step R fwd (7), pivot 1/4L (8)**Cross, Side, Sailor Step, Cross 1/4L, Back Lock Step**12 Cross R over L (1), Step L to side (2)  
3&4 Cross R behind L (3), Step L to side (&), Step R to side (4)  
56 Cross L over R (5), 1/4L Step R back (6)  
7&8 Step L back (7), Cross lock R over L (&), Step L back (8)**Back Rock, Shuffle Fwd R, Walk Lrl 3/4 Turn L & Touch**12 Rock back on R (1), Recover weight fwd on L (2)  
3&4 Step R fwd (3), Step L beside R(&), Step R Fwd (4)  
5678 Walk LRL 3/4 Turn Left (5,6,7), Touch R beside L (8)