

Love Me Down

48 Count, 4 Wall, Intermediate (Phrased) Choreographer: Fred Whitehouse (IE) Feb 2016 Choreographed to: Love Me Down by Jason Derulo

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Intro: 16 Counts

Sequence: A, B, B, A, Tag, A 16c, B, B, A, A, A, A

Section A - 32 counts

- Step sweep, mambo, heel grind back x2, sailor ¼ turn L
- 1,2, Step forward on R sweeping LF from back to front, step LF forward
- 3&4 Rock RF forward, recover weight onto L, step RF back
- 5,6 Step LF back grinding R heel, step RF back grinding L heel
- 7&8 Step LF behind R, step RF to R side, ¹/₄ L stepping LF forward (9.00)

C bump, shuffle, repeat

- 1&2 ¹/₄ turn L hitching R knee up as you bump R hip, step RF to R side, bump hip to R as you pop LF knee
- 3&4 ¹/₄ L stepping LF forward, close RF next to L, step LF forward (3.00)
- 58.6 1/4 turn L hitching R knee up as you bump R hip, step RF to R side, bump hip to R as you pop LF knee
- 7&8 ¹/₄ L stepping LF forward, close RF next to L, step LF forward (9.00)

Restart here (During wall after the tag, you will finish facing 3.00)

Out, out, in, in, touch x2, hitch, boogie walks R,L,R 1/4 turn R rock and cross

- &1&2 Step RF out, step LF out, step RF in, step LF in
- 3&4 Touch RF to R side, touch RF next to L, hitch R knee up as you raise up on left toe
- 5&6 Run forward R,L,R (boogie walk)
- 7&8 Rock LF forward, make ¹/₄ turn R recovering weight on RF, cross LF over R (12.00)

Touch, twist, weave, touch, twist, weave 1/4 turn

- 1&2 Touch RF to R side, twist R heel out, twist R heel in
- 3&4 Step RF behind L, step LF to L, cross RF over L
- 5&6 Touch LF to L side, twist L heel out, twist L heel in
- 7&8 Step LF behind R, ¹/₄ turn R stepping RF forward, step LF forward (3.00)

SECTION B - 16 counts X2

Walk x2, Rock and cross x2, weave

- 1,2, Walk forward R,L
- 3&4 Rock R to R side, recover, cross R over L
- 5&6 Rock L to L side, recover, cross L over R
- &7&8 Step R to R side, step L behind R, step R to R side, cross L over R

Out, out, hip dips x 2, triple 1/2 turn L, hip dips, close, touch

- &1 Step R out to R, step L out to L side (shoulder width apart)
- 2,3 Push hips to R and down completing full circle clockwise x2 (bend knees on downward motion, these are fast) weight ends on RF
- 4&5 Step LF behind R, ¼ L stepping RF to R side, ¼ L stepping LF out to L (on the spot, ½ L)
- 6,7 Push hips to R and down completing full circle clockwise x2 (bend knees on downward motion, these are fast) weight ends on RF
- &8 Close LF next to R, touch RF beside L

* REPEAT 16 COUNTS *

TAG

8 counts (Facing 6.00)

Step point snap x2, heel twists, click x2

- 1,2 Step RF forward, point LF to L side clicking both fingers in front
- 3,4 Step LF forward, point RF to R side clicking both fingers in front
- &5& Twist R heel out, twist R heel in, twist R heel out
- 6&7 Twist R heel in, Twist R heel out, twist R heel in

&8 Close RF next to L (click R finger, tilt head to R) step LF in place (click L finger, tilt head to L)

Hope you enjoy, please don't let the sequence put your off. Happy dancing