

Love Me Down

48 Count, 4 Wall, Intermediate (Phrased) Choreographer: Fred Whitehouse (IE) Feb 2016 Choreographed to: Love Me Down by Jason Derulo

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## Intro: 16 Counts

## Sequence: A, B, B, A, Tag, A 16c, B, B, A, A, A, A

### Section A - 32 counts

- Step sweep, mambo, heel grind back x2, sailor ¼ turn L
- 1,2, Step forward on R sweeping LF from back to front, step LF forward
- 3&4 Rock RF forward, recover weight onto L, step RF back
- 5,6 Step LF back grinding R heel, step RF back grinding L heel
- 7&8 Step LF behind R, step RF to R side, <sup>1</sup>/<sub>4</sub> L stepping LF forward (9.00)

#### C bump, shuffle, repeat

- 1&2 <sup>1</sup>/<sub>4</sub> turn L hitching R knee up as you bump R hip, step RF to R side, bump hip to R as you pop LF knee
- 3&4 <sup>1</sup>/<sub>4</sub> L stepping LF forward, close RF next to L, step LF forward (3.00)
- 58.6 1/4 turn L hitching R knee up as you bump R hip, step RF to R side, bump hip to R as you pop LF knee
- 7&8 <sup>1</sup>/<sub>4</sub> L stepping LF forward, close RF next to L, step LF forward (9.00)

#### \*Restart here\* (During wall after the tag, you will finish facing 3.00)

#### Out, out, in, in, touch x2, hitch, boogie walks R,L,R 1/4 turn R rock and cross

- &1&2 Step RF out, step LF out, step RF in, step LF in
- 3&4 Touch RF to R side, touch RF next to L, hitch R knee up as you raise up on left toe
- 5&6 Run forward R,L,R (boogie walk)
- 7&8 Rock LF forward, make <sup>1</sup>/<sub>4</sub> turn R recovering weight on RF, cross LF over R (12.00)

#### Touch, twist, weave, touch, twist, weave 1/4 turn

- 1&2 Touch RF to R side, twist R heel out, twist R heel in
- 3&4 Step RF behind L, step LF to L, cross RF over L
- 5&6 Touch LF to L side, twist L heel out, twist L heel in
- 7&8 Step LF behind R, <sup>1</sup>/<sub>4</sub> turn R stepping RF forward, step LF forward (3.00)

#### **SECTION B - 16 counts X2**

#### Walk x2, Rock and cross x2, weave

- 1,2, Walk forward R,L
- 3&4 Rock R to R side, recover, cross R over L
- 5&6 Rock L to L side, recover, cross L over R
- &7&8 Step R to R side, step L behind R, step R to R side, cross L over R

#### Out, out, hip dips x 2, triple 1/2 turn L, hip dips, close, touch

- &1 Step R out to R, step L out to L side (shoulder width apart)
- 2,3 Push hips to R and down completing full circle clockwise x2 (bend knees on downward motion, these are fast) weight ends on RF
- 4&5 Step LF behind R, ¼ L stepping RF to R side, ¼ L stepping LF out to L (on the spot, ½ L)
- 6,7 Push hips to R and down completing full circle clockwise x2 (bend knees on downward motion, these are fast) weight ends on RF
- &8 Close LF next to R, touch RF beside L

#### \* REPEAT 16 COUNTS \*

TAG

8 counts (Facing 6.00)

#### Step point snap x2, heel twists, click x2

- 1,2 Step RF forward, point LF to L side clicking both fingers in front
- 3,4 Step LF forward, point RF to R side clicking both fingers in front
- &5& Twist R heel out, twist R heel in, twist R heel out
- 6&7 Twist R heel in, Twist R heel out, twist R heel in

&8 Close RF next to L (click R finger, tilt head to R) step LF in place (click L finger, tilt head to L)

# Hope you enjoy, please don't let the sequence put your off. Happy dancing