

**Love Yourself**

32 Count, 4 Wall, Absolute Beginner

Choreographer: Amélie Jammart (BE) Jan 2016

Choreographed to: Love Yourself by Justin Bieber (bpm 103)

**STEP BACK,STEP BACK, COASTER STEP, PIVOT ½ TURN, PIVOT ¼ TURN, CROSS SHUFFLE.**

- 1 RF Step back, heel left turn R to L
- 2 LF Step back, heel right turn L to R
- 3 RF Step back
- & LF Step next to RF
- 4 RF Step forward
- 5 LF Step ½ turn
- 6 RF Step ¼ turn
- 7 LF Cross over RF
- & RF Step to the right
- 8 LF Cross over RF

**ROCK STEP SIDE, BEHIND, SIDE, STEP FORWARD, SWAY, SWAY, TRIPPLE STEP ¾ TURN.**

- 9 RF Rock side right
- 10 LF Recover
- 11 RF Cross behind LF
- & LF Step ¼ turn left
- 12 RF Step forward
- 13 LF Step left with sway left
- 14 RF Sway right
- 15 LF Step ½ turn left
- & RF Step next to LF
- 16 LF Step ¼ turn

**ROCK STEP FORWARD, SWEEP, BEHIND SIDE CROSS, TOE STRUT, ½ TURN L, TOE STRUT.**

- 17 RF Rock step forward
- 18 LF Recover with sweep RF.
- 19 RF Cross behind LF
- & LF Step side
- 20 RF Cross over
- 21 LF Step toe forward
- 22 LF Drop heel
- & LF ½ Turn L (6.00)
- 23 RF Step toe backwards
- 24 RF Drop heel

**KICK BALL STEP, KICK BALL STEP, ROLLER, TOUCH.**

- 25 LF Kick forward
- & LF Ball
- 26 RF Step forward
- 27 LF Kick forward
- & LF Ball
- 28 RF Step forward
- 29 LF Step ¼ turn left
- 30 RF Step next to LF with ½ turn
- 31 LF Step ¼ turn left
- 32 RF Touch next to LF