



Web site: www.linedancerweb.com

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Baby Boomers And Beyond

32 Count, 4 Wall, Beginner

Choreographer: Pat Newell (USA) Jan 2016

Choreographed to: Old Time Rock and Roll by Bob Seger.

Alt. Music: Burning Love by Winona Judd

Learning: Triples, pivots, twist, rock, rec w/brush

TRIPLE FORWARD, TRIPLE FORWARD ½ PIVOT L, ¼ PIVOT L
1&2 3&4 Triple forward R, L, R. L,R,L
5-8 Step forward on R, pivot ½ L, step forward on R, pivot ¼ L 3:00

TWIST, HOLD, TWIST, HOLD, TWIST, TWIST, TWIST, TWIST
1-4 Twist heels, R, hold, L hold
5-8 Twist heels, R, L, R, L 3:00

TRIPLE RIGHT, ROCK RECOVER, TRIPLE LEFT, ROCK RECOVER
1&2 3,4 Triple RLR, rock back on L recover on R
5&6 7,8 Triple LRL, rock back on R, recover on L 3:00

ROCK REC, STEP BRUSH, ROCK REC STEP BRUSH
1-4 Rock R diagonally forward 1/8 wall R, rock back on L, fwd on R, brush L
5-8 Rock L diagonally forward 1/8 wall L, rock back on R, fwd on L, brush R 3:00

Begin Again

NO TAGS NO RESTARTS

DANCE FOR THE HEALTH OF IT