

History

32 Count, 4 Wall, Beginner
Choreographer: Dawn Rathbun (USA) Jan 2016
Choreographed to: History by One Direction

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- Side together, Shuffle back, Side together, Shuffle forward**
1 2 Step side right, together left
3&4 Step back right, step together left, step back right
5 6 Step side left, together right
7&8 Step forward left, together right, step forward left
- Rocking chair, ½ Pivot, Shuffle forward**
1 2 3 4 Step forward right, recover back left, step back right, recover forward left
5 6 Step forward right, turn ½ left (weight on left)
7&8 Step forward right, together left, step forward right
- Step forward, Touch, Step forward, Touch, Step back, Touch, Step back, Touch**
1 2 Step forward left, touch right toe to the side
~1st Restart happens here after you hold for two counts
3 4 Step forward right, touch left toe to the side
5 6 Step back left, touch right toe to the side
7 8 Step back right, touch left toe to the side
- Rock back, Shuffle forward, ¼ Pivot, Cross over, Step back**
1 2 Step back left, recover forward right
3&4 Step forward left, together right, step forward left
~2nd Restart happens here
5 6 Step forward right, turn ¼ left (weight on left)
7 8 Cross right over left, step back left

Restarts:-

~1st Restart on 2nd wall (9:00) finish 18 counts hold for 2 counts then Restart

~2nd Restart on 4th wall (6:00) finish 28 counts then restart