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## Boogie Down

32 count, 2 wall, Beginner/Intermediate level  
Choreographer : Maggie Lydon (UK) Jan 2001  
Choreographed to : Boogie Woogie Shuffle by  
The Urban Cowboys  
e-mail : [Maggie@lydonm.fsnet.co.uk](mailto:Maggie@lydonm.fsnet.co.uk)

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### Section 1. Crossing heel jack, Hip push with ¼ R, Step Point x 2

- 1& Cross L over R, R step slightly back
- 2& L heel touch diagonally forward L, L step in place
- 3 R step in place
- 4 Push hips out to L side and ¼ turn to R
- 5-6 R step forward, L toe point out to L side
- 7-8 L step forward, R toe point out to R side

### Section 2. Cross back, side shuffle, Cross back shuffle ¼ turn R

- 9-10 R cross over L, L step back
- 11&12 R step to R side, L close next to R, R step to R side
- 13-14 L cross over R, R step back
- 15&16 L step to L side, R close next to L, ¼ L stepping onto L

### Section 3. Forward rock, Coaster Step, Boogie walks x 2, Step, Brush

- 17-18 R step forward, Rock back in place onto L
- 19&20 R step back, L step next to R, R step forward
- 21-22 L step forward & angle body to L, R step forward & angle body To R
- 23-24 L step forward, Brush R toe forward

### Section 4. Brush Cross, Tap, heel bounce x 2, Step, pivot ½ turn L Stomp R next to L, Hold

- 25-26 Brush R toes back across front of L foot, Touch R toes on floor
- 27-28 Lift both heels off ground and bounce twice bending knees at same time (click fingers twice at shoulder height) optional
- 29-30 R step forward, Pivot ½ turn L, (transfer weight to L)
- 31-32 Stomp R in place Hold for 1 count.

This is a swing dance or boogie woogie as some call it, so keep knees slightly bent and bounce very slightly, just go with it and enjoy!