

All Torn Up

48 Count, 4 Wall, Improver

Choreographer: Stephen & Claire Rutter (UK) Jan 2016

Choreographed to: All Torn Up by Rebel Dean (178 BPM)

Album: Rebellion

48 Count Intro – 17 Sec**Section 1: Rumba Box**

1-2 Step right to right side, close left beside right
3-4 Step back on right, Hold
5-6 Step left to left side, close right beside left
7-8 Step forward on left, Hold. (12 o'clock)

Section 2: Walk & Clap x2, Step Forward, Pivot ½ Turn Left, Step Forward, Hold

1-2 Step forward on right, Clap
3-4 Step forward on Left, Clap
5-6 Step forward on right, pivot a half turn left
7-8 Step forward on right, Hold. (6 o'clock)

Section 3: Side Step, Toe Touch) x2, Slow Chasse Left, Toe Touch

1-2 Step left to left side, touch right toe left (click fingers to left if you wish).
3-4 Step right to right side, touch left toe beside right (click fingers to right if you wish).
5-6 Step left to left side, close right beside left.
7-8 Step left to left side, touch right toe beside left (6 o'clock)

Section 4: Side Step, Toe Touch) x2, Slow Chasse Right, Toe Touch.

1-2 Step right to right side, touch left toe beside right (click fingers to right if you wish).
3-4 Step left to left side, touch right toe beside left (click fingers to left if you wish).
5-6 Step right to right side, close left beside right
7-8 Step right to right side, touch left toe beside right. (6 o'clock)

Section 5: Side Rock, Cross Rock, ¼ Turn Right Into Back Rock, Toe Touch, Hold.

1-2 Rock left to left side, recover weight onto right.
3-4 Cross rock left over right, recover weight onto right.
5-6 Make a quarter turn right rocking back on left, recover weight onto right.
7-8 Touch left toe beside right, Hold. (9 o'clock)

Section 6: Weave, Side Rock & Cross, Hold

1-2 Step left to left side, cross right behind left
3-4 Step left to left side, cross right over left.
5-6 Rock left to left side, recover weight onto right
7-8 Cross left over right, Hold. (9 o'clock)

Enjoy!