

Overload

46 Count, 2 Wall, Intermediate
Choreographer: Noel Bradey (AU) Nov 2015
Choreographed to: Overload by Tina Arena.
Album: Eleven

**ORIGINAL POSITION:
DANCE STARTS:**

**Feet together, weight on Left foot
On Vocals after a 32 Count Introduction**

- 1-8 FULL TURN FWD, FWD COASTER, ¼ CROSS, SIDE, REPLACE, CROSS, SIDE**
1,2 Turn 180° left stepping R back, Turn 180° left stepping L fwd (12:00)
3&4 Step R fwd, Step L beside R, Step R back
8& Turn 90° left stepping L to left side, Cross/step R over L (9:00)
6&7,8 Rock/step on L to left side, Replace weight to R, Cross/step L over R, Step R to right side
- 9-16 ½ HINGE, TRAVELLING FWD SAMBAS X 2, CROSS, BACK, FWD**
1 With weight on R hinge turn 180° left stepping L to left side (3:00)
2&3 (Travelling Fwd) Cross/step R over L, Step on L to left side, replace weight to R
4&5 (Travelling Fwd) Cross/step L over R, Step on R to right side, replace weight to L
6,7,8 Cross/step R over L, Step L back, Turn 135° right stepping R fwd (7:00)
- 17-24 FWD, ½ PIVOT, FULL TRIPLE FWD OVER L, FWD, ½ PIVOT, TRIPLE OVER R**
1,2 Step L fwd, Pivot turn 180° right (end wt on R) (1:00)
3&4 Step L fwd, Turn 180° left stepping R back, Turn 180° left stepping L fwd (1:00)
5,6 Step R fwd, Pivot turn 180° (end wt on L) (7:00)
7&8 Step R fwd, Turn 180° right stepping L back, turn 135° right stepping R to right side (6:00)
- 25-32 CROSS, ½ HITCH, SAMBA, CROSS, ½ HITCH, SAMBA**
1,2,3&4 Cross/step L over R, Hitch R around in 180° turn left, Cross/step R over L, Step L to L, Replace wt R (12:00)
5,6,7&8 Cross/step L over R, Hitch R around in 180° turn left, Cross/step R over L, Step L to L, Replace wt R (6:00)
- 33-40 FWD, REPLACE, BESIDE, BACK FULL TURN, SAILOR, ¼ TURN SAMBA**
1,2&3,4 Rock/step fwd on L, Replace wt to R, Step L beside R, Turn 180° right stepping R fwd, Turn 180° right to Step L slightly to left of R (6:00)
5&6 Cross/step R behind L, Step on L to left side, Replace wt to R
7&8 Cross/step L over R, Turn 90° left stepping R back and to right side, Replace weight to L (3:00)
- 41-48 FWD, REPLACE, BACK ½, FWD, SIDE, REPLACE, BEHIND, SIDE, CROSS**
1,2,3&4 Rock/step R fwd, Replace wt to L, Step R back, Turn 180° left stepping L fwd, Step R fwd (9:00)
5,6,7&8 Rock/step on L to left side, Replace wt to R, Cross/step L behind R, Step R to right, Cross/step L over R
- 49-56 KICK, BALL, STEP, ½ PIVOT, STEP FWD, KICK, BALL STEP, ½ BACK, ¼ SIDE**
1&2,3,4 Kick R fwd, Step on ball of R beside L, Step L fwd, Pivot turn 180° right (wt R), Step L fwd (3:00)
5&6,7,8 Kick R fwd, Step on ball of L beside R, Step L fwd, Turn 180° left stepping R back, Turn 90° left stepping L to left side (6:00)
- 57-64 ROCK FWD, REPLACE, BACK TURN 1½, FWD, ½ PIVOT, SHUFFLE FWD**
1,2 Rock/step fwd onto R, Replace weight to L
3&4 Turn 180° right stepping R fwd, Turn 180° right stepping L back, Turn 180° right stepping R fwd (12:00)
5,6,7&8 Step L fwd, Pivot turn 180° right (wt R), Step L fwd, Step on ball of R beside L, Step L fwd. (6:00)
64 RESTART DANCE IN NEW DIRECTION

To End Dance: Complete Wall 6 as normal - you will complete the shuffle just after the music ends. Enjoy!