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Bonafied Lovin'

64 count, 2 Wall, Intermediate Choreographer: Jill Babinec & Scott Schrank (USA)

May 2009

Choreographed to: Bonafied Lovin' by Chromeo CD: Bonafied Lovin' EP [3:39 version]

INTRO: 32 Counts - Start dancing on vocals

<b>&amp;1-8</b> &1 &2 & 3&4 &   &5 &6& 7&8	Sweep Step, Sweep Steps With Ankle Breaks Sweep Rt foot (&), Step back on right foot behind left (1) Sweep left foot, step back on left foot behind Rt, Sweep Rt foot Step back behind left with Rt as wt remains on the front/balls of feet "breaking" the ankles left, right, left (ending weight on right foot) {or bend knees to R, rolling R foot to outside of foot (letting L follow) then bend knees to L as L foot rolls out, then bend knees to R –wt on rt} Sweep left foot, step back on left foot behind Rt, Sweep right foot, step back on right foot, Sweep left foot Step back behind Rt with left as wt remains on the front/balls of feet "breaking" the ankles right, left, right (ending weight on left foot) {or bend knees to L, rolling L foot to outside of foot (letting R follow) then bend knees to R as R foot rolls out, then bend knees to L –wt on Left}
9-16 1&2 3&4 5&6 7&8	Toe Touches, Sways, ¼ Turn, Diagonal Cross Shuffle, Toe Touches Touch right toe out, Touch right toe in, Step right foot right (wt on rt) Begin swaying hips right, left, turn ¼ to left, sitting back on right hip (9:00) Moving on the diagonal slightly backward, cross shuffle on left, right left Touch right toe out, in, out
<b>&amp;17–24</b> & 1 & 2& 3&4 & 5 & 4& 7&8	Sweep Step, Sweep Steps With Ankle Breaks (Same As Counts 1-8) Sweep right foot, step back on right foot behind left Sweep left foot, step back on left foot behind Rt, Sweep right foot Ankle breaks left, right left (ending weight on right foot) Sweep left foot, step back on left foot behind Rt Sweep right foot, step back on right foot behind L, Sweep left foot Ankle breaks right, left, right (ending weight on left foot)
<b>25-32</b> 1&2 3&4 5&6 7&8	Toe Touches, Sways, ¼ Turn, Diagonal Cross Shuffle, Coaster Cross Touch right toe out, Touch right toe in, Step right foot right (wt on rt) Begin swaying hips right (3), left (&), turn ¼ to left while sitting back on right hip (4) (6:00) Moving on the diagonal slightly backward -cross left over Rt, Step Rt side, Cross left over Rt Step back on Right, Step Left next to Rt, Cross and step Rt over left
	Press, Recover, Weave, Press, Recover, Weave With ¼ Turn Press weight to the left side, Recover weight to right foot, Step left behind Rt, Step Rt to side, Step left across Rt Press weight to the right side, Recover weight to left foot, Step Rt behind left, Turn ¼ to left onto left foot, step forward on right foot (3:00)
<b>41-48</b> 1,2 3&4 5,6 7&8	Rock Recover, Lock Step Back, Turn And Sway Rock forward on left foot, recover weight back to right foot Lock step diagonally back – Step left back, Cross Rt over left, Step left back Turning ¼ to your right, sway hips right, sway hips left (6:00) Sway right, left, right
<b>49-56</b> 1,2 &34 5,6 &78	Drag Step, Side, Recover, Cross, Drag Step, Ball Cross, Point Long step back (diagonal) on left foot, drag right heel back towards left foot Step right out to right side, recover weight to left, step across left onto right Long step back (diagonal) on left foot, drag right heel back towards left foot Step right foot next to left, step across right onto left, point right toe out to right side.
<b>57-64</b> 1&2 3&4 5&6 7&8	Samba Steps 3x's, Rock Recover Back Cross right over left, step side left, step right next to left Cross left over right, step side right, step left next to right. Cross right over left, step side left, step right next to left Rock forward on left, recover weight to Rt, Step back on left (this leaves Rt foot fwd to start your sweep on the & count)

Thanks to Amy Zack for writing out the steps as we went along.