

Focus On Me

64 Count, 2 Wall, Intermediate/Advanced (Phrased)

Choreographer: Jean-Pierre Madge (FR) Nov 2015

Choreographed to: Focus by Ariana Grande

Part A

Step Touch x2, Step Back, Together, Shuffle, Full Turn

- 1&2 Step R back (1), Touch L to L (&), Step L back (2),
&3 Touch R to R (&), Step R back (3)
&4 Step L back (&), Step R next L (4)
5&6 Shuffle forward L (5), R (&), L (6)
7&8 Full turn L stepping R (7), L (&), R (8) 12 o'clock

Step, Swivel Heels, Ball Step, Cross Shuffle, Rock and Cross

- 1&2 Step L forward (1), swivel R heel $\frac{1}{4}$ L (&), Swivel L heel $\frac{1}{4}$ L (2)
&3 Swivel L heel $\frac{1}{4}$ R (&), Swivel L heel $\frac{1}{4}$ R (3)
&4 Step L next R (&), Step R forward (4)
5&6 $\frac{1}{4}$ L Cross L over R (5), Step R to R (&), Cross L over R (6)
7&8 Rock R to R (7), recover on L (&), cross R over L (8) 9 o'clock

Kick Step, Lock Step, Kick Step, Touch, Hips L , Hips R

- 1&2& Kick L to L diagonal (1), Step L to L (&), lock R behind L (2), Step L to L (&)
3&4 Kick R over L (3), Step R cross over L (&), Touch L next R (4)
5&6 $\frac{1}{4}$ L and bump hips to L twice (5&6)
7&8 Bump hips to R twice (7&8) 6 o'clock

Cross, Back, Chasse L, Cross Back, Rock, Recover

- 1-2 Cross L over R (1), Step R back (2)
3&4 Chassé L (3), R (&), L to L (4)
5-6 Cross R over L (5), Step L back (6)
7-8 Rock R to R diagonal (7), Recover (8)

Part B

Step, Behind $\frac{1}{4}$ Forward, Pivot $\frac{1}{2}$, Walk x2, Pivot $\frac{1}{2}$, Sweep $\frac{1}{2}$

- 1 Step R to R (1)
2&3 Cross L behind R (2), $\frac{1}{4}$ R step R forward (&), Step L forward (3) 9 o'clock
4 $\frac{1}{2}$ R weight on R (4) 3 o'clock
5-6 Step L forward (5), Step R forward (6)
7-8 $\frac{1}{2}$ L Step L forward (7), Stay on L foot for another $\frac{1}{2}$ turn L sweeping R forward (8)

Touch, Back, Touch and Touch, Cross Side, Sailor $\frac{1}{4}$

- 1-2 Touch R forward (1), Step R back (2)
3&4 Touch L to L (3), Step L next R (&), Touch R to R (4)
5-6 Cross R over L (5), Step L to L (6)
7&8 Sailor Step $\frac{1}{4}$ R, R (7), L(&), R (8) 6 o'clock

Full Circle R : Walk, Walk, Shuffle, Walk, Walk, Shuffle

- 1-2 $\frac{1}{8}$ R Step L forward (1), $\frac{1}{8}$ R Step R forward (2)
3&4 Shuffle $\frac{1}{4}$ R, L (3), R (&), L (4)
5-6 $\frac{1}{8}$ R Step R forward (5), $\frac{1}{8}$ R Step L forward (6)
7&8 Shuffle $\frac{1}{4}$ R, R (7), L (&), R (8)

Mambo Forward, Mambo Back, Rocking Chair, Step, Hitch

- 1&2 Mambo L forward (1), recover on R (&), Step L next R (2)
3&4 Mambo R back (3), recover on L (&), Step R next L (4)
5&6& Rock L forward (5), Recover on R (&), Rock L back (6), Recover on R (&)
7-8 Step L forward (7), Hitch R knee (8)

Tag 1:

- 1-2-3 Bump hips to R (1), Bump hips to L (2), Bump hips to R (3)
4 Body roll to L from head to toes transferring weight to L (4)

Tag 2

1-2-3 Step R to R (1), Swing your hips clockwise ending weight on L (2-3)

4 Raise your R hand up and touch your little star who travel with you everywhere (4)

A.B.A.A.B.A.TAG1.A.B.TAG2.A.A.A

Hope that you enjoy this dance!

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