Grown
64 Count, 4 Wall, Intermediate Choreographer: Daniel Trepat (NL) Nov 2015 Choreographed to: Grown by Little Mix

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Intro: 32 counts from first beat in music (app. 11 sec. into track)

## Restart: In the 4th Wall after 32 counts

| $[1-8]$ | Side, Diagonal Kick, Side, Touch, Shuffle $1 / 4$ turn R, Hold |
| :--- | :--- |
| $1-2$ | Step R to R side (1), Kick L diagonally R forward (2) 12:00 |
| $3-4$ | Step L to L side (3), Touch R next to $L(4) 12: 00$ |
| $5-8$ | Step R to R side (5), Step L next to R (6), $1 / 4$ turn R stepping R forward (7), Hold (8) 3:00 |
| [9-16] | Step turn, Step fwd, Hold, 1 $1 / 4$ turn L, Hold |
| $1-4$ | Step L forward (1), $1 / 2$ turn R stepping R forward (2), Step L forward (3), Hold (4) 9:00 |
| $5-8$ | $1 / 2$ turn $L$ stepping R back (5), $1 / 2$ turn $L$ stepping $L$ fwd (6), $1 / 4$ turn $L$ stepping R to R side (7), <br>  <br>  <br> Hold (8)6:00 |

[17-24] Sailor $1 / 4$ turn L, Step fwd, Touch $1 / 4$ turn L, Side, Touch
1-4 Cross L behind R (1), $1 / 4$ turn $L$ stepping $R$ slightly to $R$ side (2), Step $L$ forward (3), Hold (4) 3:00
5-6 Step R forward (5), $1 / 4$ turn $L$ touching $L$ next to $R(6)$ 12:00
7-8
Step $L$ to $L$ side (7), Touch R next to $L$ (8) 12:00
[25-32] R Heel out, L Heel out, R in, L in, Out Out, Down, Up
1-4 $\quad R$ heel diagonal $R$ forward (1), $L$ heel diagonal $L$ forward (2), $R$ back in place (3), L back in place (4) 12:00
5 - $8 \quad$ Step R out (5), Step L out (6), Bend knees (7), stretch legs and bring feet together (8) 12:00 Restart In the 4th wall you will do the restart here

| [33-40] | 2X Step lock steps with Scuff |
| :---: | :---: |
| 1-4 | Step R diagonally forward (1), Lock L behind R (2), Step R diagonally forward (3), Scuff L forward (4) 12:00 |
| 5-8 | Step L diagonally forward (5), Lock R behind L (6), Step L diagonally forward (7), Scuff R forward (8) 12:00 |
| [41-48] | Step fwd, Touch $1 / 4$ turn L, Side, Hold, $1 / 2$ turn R, Side, Hold |
| 1-2 | Step R forward (1), 1⁄4 turn L touching L next to R (2) 9:00 |
| 3-4 | Step L to L side (3), Hold (4) 9:00 |
| 5-8 | Cross R over L (5), $1 / 4$ turn $R$ stepping $L$ back (6), $1 / 4$ turn $R$ stepping $R$ to $R$ side (7), Hold (8) 3:00 |
| [49-56] | Syncopated half diamond |
| 1-4 | $1 / 8$ turn $R$ stepping $L$ forward (1), $1 / 8$ turn $L$ stepping $R$ to $R$ side (2), $1 / 8$ turn $L$ stepping L back (3), Hold (4) 1:30 |
| 5-8 | Step R back (5), 1/8 turn $L$ stepping $L$ to $L$ side (6), 1/8 turn $L$ stepping $R$ forward (7), Hold (8) 10:30 |
| [57-64] | Rock step, 1/8 turn L, Toe Heel Toe to L, Hitch |
| 1-4 | Rock L forward (1), Hold (2), Recover on R (3), Hold (4) 10:30 |
| 5-8 | $1 / 8$ turn $L$ stepping $L$ to $L$ side \& turn toes out (5), Turn $L$ heel out (6), Turn $L$ toes out (7), Hitch R (8) 9:00 |

HAPPY FACE AND SEE YOU SOON!

