

## Mama's Broken Heart

32 Count, 2 Wall, Beginner

Choreographer: Linda Eihentāle (LV) Nov 2015

Choreographed to: Mama's Broken Heart by Miranda Lambert

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### **S1: SIDE ROCK, RECOVER, SAILOR STEP, HITCH-STEP BACK 2X, COASTER STEP**

1 RF rock to right side  
2 LF recover  
3 RF cross behind LF  
& LF step next to RF  
4 RF step to right side  
& LF hitch  
5 LF step back  
& RF hitch  
6 RF step back  
7 LF step back  
& RF step next to LF  
8 LF step forward

### **S2: SCUFF, HITCH-TURN ½ , COASTER STEP, TOUCH SIDES, KICK, FLICK**

1 RF scuff forward  
& RF hitch while turning ½ left  
2 RF step back  
3 LF step back  
& RF step next to LF  
4 LF step forward  
5 RF touch right side  
& RF step next to LF (weight on RF)  
6 LF touch left side  
& LF step next to RF (weight on LF)  
7 RF kick forward  
& RF step next to LF  
8 LF flick back

### **S3: PIVOT ½ , TURN 1 ¼ , WAVE, LONG STEP**

1 LF step forward  
2 Turn ½ to right (weight on RF)  
3 Turn ½ right LF step back  
& Turn ½ right RF step forward  
4 Turn ¼ right LF step to left side  
5 RF step behind LF  
& LF step next to RF  
6 RF cross LF  
7 LF step to left side  
8 Hold

### **S4: SAILOR STEP, WAVE, MONTEREY TURN ¼ , HITCH, STEP, TOUCH**

1 RF step behind LF  
& LF step next to RF  
2 RF step to right side  
3 LF step behind RF  
& RF step next to LF  
4 LF cross RF  
5 RF touch right side  
& Turn ¼ to right side  
6 LF touch left side  
& LF hitch  
7 LF step next to RF  
8 RF touch next to LF

**Restart 1 in wall 3, after first 12 counts;**

**Restart 2 in wall 6, after first 12 counts;**

**Restart 3 in wall 7 (continue dancing while there is a pause in music) after first 24 counts.**