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Bird Set Free

32 Count, 4 Wall, Intermediate

Choreographer: Linda Burgess (AU) Nov 2015

Choreographed to: Bird Set Free by Sia, Album: This is Acting
(4:13mins)

Intro: 16 counts (slow beat)

- [1-8] SIDE, BEHIND, SIDE, CROSS, REPLACE, 1/4L , WALK, WALK, ROCK/REPLACE, 1½ TRIPLE**
1,2&3,4& Big step R dragging L, cross/step L behind R, step R to R, cross/step L over R, rock back R, ¼ L & step fwd L (9.00)
5,6,7&8&1 Step fwd R, step fwd L, rock/step fwd R, replace weight to L, ½ turn R & step fwd R, turn ½ R & step back L, ½ turn R & step fwd R (3.00)
- [9-16] STEP, ROCK/REPLACE, TRIPLE 1 ¼ , SIDE, ROCK BACK,REPLACE, SIDE, ROCK/BACK, REPLACE**
2,3&4& Step fwd L, rock/step fwd R, replace weight to L, turn ½ R & step fwd R, turn ½ R & step back L
5,6&7,8& Turn ¼ R & take big step to R (& drag L), rock back L, replace weight to R, take a big step to L (&drag R), rock back R, replace weight to L (6.00)
- [17-24] STEP, FULL TURN, FWD, REPLACE, ½ FWD,, ¼ SIDE, REPLACE, HINGE ½ SIDE, HINGE ½ SIDE, ¼, ½**
1,2& Step fwd R, turn ½ R & step back L, turn ½ R & step R (6.00)
3,4& Rock/step fwd L, replace weight to R, turn ½ L & step fwd L (12.00)
5,6& ¼ turn L & rock/step R to R, replace weight to L (9.00), hinge ½ turn R & step R to R (3.00)
7,8& Hinge ½ turn R on R & rock/step L to L (9.00), ¼ L & replace weight to R (6.00), turn ½ L & step fwd L (12.00)
- [25-32] FWD, SIDE, REPLACE, CROSS, ¼ , ¼ , ¼ ROCK FWD, REPLACE, ½ STEP, ROCK/FWD, REPLACE, ½ STEP**
1,2&3,4& Step fwd R, rock/step L to L, replace weight to R, cross/step L over R, turn ¼ L & step back R, turn ¼ L & step L to L (6.00)
5,6&7,8& ¼ turn L & rock/step fwd R (3.00), replace weight to L, turn ½ R & step fwd R (9.00), rock/step fwd L, replace weight to R, turn ½ L & step fwd L. (3.00)

Begin again.

Restart: Wall 6 (facing 3.00) Dance counts 1-16 then Restart facing (9.00)