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Love Sex & Sunshine

80 Count, 4 Wall, Intermediate (Phrased)

Choreographer: Kenny Teh (MY) & Nina Chen (TW) Nov 2015

Choreographed to: Love Sex & Sunshine by Vio Friedmann

Dance sequence: A,A,B, A,A,B, A,A,B, B,B

Start dance on vocals (32 counts after HEAVY BEAT):

SECTION A – 32 counts

Section A1

1&2& Touch R toe forward, step RF beside, touch L toe forward, step LF beside
3&4& Touch R toe to right, step RF beside, touch L toe to left, step LF beside
5 6&7&8 Step RF forward, hold, L ball beside, step RF forward, L ball beside, step RF forward

Section A2

1 2 3&4 Rock LF forward, recover RF, ½ left turn (6.00) shuffle forward LRL
5&6 7&8 ½ left turn (12.00) shuffle back RLR, ½ left turn (6.00) shuffle forward LRL

Section A3

1 2 3 4 Rock RF forward, recover LF, step RF back, step LF beside RF, step RF forward
5 6 7 8 Rock LF forward, recover RF, ½ left turn (12.00) step LF back, step RF to right, recover LF

Section A4

1 2 3 4 Step RF out, step LF out, step RF to center, step LF beside RF
5 6 7 8 Step RF forward, tap both heels 3 times making ¼ left turn (9.00)

SECTION B – 48 counts

Section B1

1&2& Cross RF over LF, step LF beside, touch R heel diagonally right, step RF beside
3&4& Cross LF over RF, step RF beside, touch L heel diagonally left, step LF beside
5 6&7&8 Cross RF over LF, hold, step LF slightly left, cross RF over LF, step LF slightly left,
Cross RF over LF

Section B2

1&2 ¼ left turn (3.00) Jump LF forward, push right hip up then down,
3&4 ¼ left turn (6.00) Jump RF to right, push left hip up then down,
5 6 Step LF back while touching R toe beside, step RF back while touching L toe beside
7 8 Step LF back while touching R toe beside, step RF back while touching L toe beside

Section B3

1 2 3 4 Push L hip forward, recover RF, push L hip forward, recover RF
5 6 7&8 Push L hip forward, touch RF beside LF, kick RF forward, step RF beside LF, touch LF to left

Section B4

1-4 ¼ left turn (9.00) toe strut on LF, ¼ left turn (12.00) back toe strut on RF
5-6, 7&8 1/4 left turn (3.00) toe strut on LF, cross shuffle (RLR)

Section B5

1 2 3 4 Step LF to L, step RF beside LF, cross LF over RF, hold
5 6 7 8 Step RF to R, step LF beside RF, cross RF over LF, hold

Section B6

1 2 3 4 ¼ left turn (6.00) Step LF to left, touch RF beside LF, step RF to right, touch LF beside RF
&5 6 7 8 Jump LF to left, touch RF beside LF, hold, bump R hip twice