



Web site: [www.linedancerweb.com](http://www.linedancerweb.com)

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## We B Rockin'

48 Count, 2 Wall, Beginner

Choreographer: Pat Newell (USA) Nov 2015

Choreographed to: The Rock by Ms. Jody (120bpm)

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### 48 in start on vocal

#### Senior Dancing Series

**Learning: Triples, forward and back struts, coaster step, hitches, pivots, rocking chair**

**S1: TRIPLE, ROCK RECOVER RIGHT - TRIPLE , ROCK RECOVER TO ¼ RIGHT**

1&2 3,4 Triple to R, (RLR), rock back on L, recover on R

5&6 7,8 Triple to L (LRL), rock back on R to ¼ wall R, recover on L at 3:00

**S2: FORWARD TOE HEELS STRUTS, RIGHT, LEFT, RIGHT, LEFT**

**\*moving slightly forward**

1-4 Touch R toe beside L, step down on R heel, Touch L toe beside R, step down on L heel

5-8 touch R toe beside L, step down on R heel, touch L toe beside R, step down on L heel

**S3: BACK TOE HEEL STRUTS, RIGHT, LEFT, RIGHT, LEFT**

**\*moving slightly back**

1-4 Touch R toe beside L, step down on R heel, touch L toe beside R, step down L heel

5-8 Touch R toe beside L, step down on R heel, touch L toe beside R, step down on L heel

**S4: WALK BACK WITH HITCH, STEP BACK COASTER STEP, HITCH**

1-4 Step back R, L, R hitch L

5-6 Step back on L, step together with R, step forward on L, hitch

**S5: ½ PIVOT LEFT, ¼ PIVOT LEFT, STEP RIGHT, TOUCH LEFT, STEP LEFT TOUCH RIGHT**

1-4 Step R fwd, pivot ½ L, (wt on L) 9:00 , step R fwd, pivot ¼ L (wt on L) 6:00

5-8 Step R. touch L beside R, step L touch R beside L

**S6: 8 COUNT ROCKING CHAIR**

1-4 Rock R fwd, recover on L, rock R back, recover on L

5-8 Rock R fwd, recover on L, rock R back, recover on L 6:00

### DANCE FOR THE HEALTH OF IT

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