

Slow Fox

64 Count, 4 Wall, Intermediate

Choreographer: Glynn "Applejack" Rodgers (USA) Nov 2015

Choreographed to: Sweet Dreams by Thomas Anders

Alt. music: -**Mis Deseos/Feliz Navidad by Michael Buble & Thalia****Lonely Woman Make Good Lovers by Steve Wariner****I Feel Lucky by Mary Chapin Carpenter.****[1-8]: Side, Hold, Back Rock, Chasse Right, Hold.**

1-4: Step left to left side, hold. Rock back right, recover weight onto left.

5-8: Step right to right side, close left to right, step right to right side, hold.

[9-16]: Cross Rock, ¼ Turn, Hold, Pivot ½ Turn, ¾ Turn (feet closed).

1-2: Cross rock left over right, recover weight onto right.

3-4: Turn ¼ left stepping forward left, hold.

5-6: Step forward right, pivot ½ turn left.

7-8: Make ½ turn left stepping back right, turn ¼ left stepping side left. (Keep these steps as small as possible so the turn is done on the spot)

[17-24]: Right Twinkle, Left ¼ Turning Twinkle.

1-2: Cross right over left (bending knees slightly), hold.

3-4: Step left to left side, close right to left. (Rising up onto the balls of your feet)

5-6: Cross left over right (bending knees slightly), hold.

7-8: Turn ¼ left stepping slightly **back on right, close left to right. (Rising up onto the balls of your feet)****[25-32]: Bending Cross Rock, Hold, Recover, Side, Point, Hold, Cross, Flick.**

1-2: Bending the knees slightly, cross rock right over left, hold.

3-4: Recover weight onto left, step right to right side.

5-6: Point left to left side, hold.

7-8: Cross left over right, flick right heel back towards 5 o'clock.

[33-40]: Weave Left, Flick, Cross, Hinge Turn, Point.

1-4: Cross right over left, step left to left, cross right behind left, flick left heel back towards 7 o'clock.

5-6: Cross left over right, turn ¼ left stepping back right.

7-8: Turn ¼ left stepping side left, point right to right side.

[41-48]: ¼ Turn, Sweep, Cross, Side, Rock Back, Hold, Recover, ¼ Turn.

1-4: Make ¼ turn right stepping forward right, (big) sweep left foot forward, cross left over right, step right to right side.

5-6: Rock back onto left, hold.

7-8: Recover weight onto right, turn ¼ right stepping back left.

[49-56]: ½ Turn, Hold, Side Rock, Cross, Hold, Side Rock.

1-2: Make ½ turn right stepping forward right, hold.

3-6: Rock left to left side, recover weight onto right, cross left over right, hold.

7-8: Rock right to right side, recover weight onto left.

[57-64]: Hinge/Monterey ½ Turn, Hold, Side Rock, Cross Rock, Side, Close.

1-2: Make ½ turn right on to ball of the left foot closing right to left, hold.

3-6: Rock left to left side, recover onto right, cross rock left over right, recover onto right.

7-8: Step left to left side, close right to left.