

Only A Moment 32 Count, 4 Wall, Intermediate (Rumba) Choreographer: Christina Yang (KR) Nov 2015 Choreographed to: I'm Not Giving You Up by Gloria Estefan

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Start the dance after 32 counts.

SECTION 1:	BACKWARD WALK, BACKWARD ROCK, RECOVER, FORWARD WALK, 1/4 TURN TO R AND LF TOUCH BESIDE RF, SIDE STEP WITH SWAY L, SWAY R, SWAY L
1-4	LF long step to backward, backward rock, LF recover, RF forward
5-8	1/4 turn to R and LF touch beside RF(weight to R), LF side step with sway to L, sway to R, sway to L
(weight on LF)	
SECTION 2:	1/2 TURN TO L WITH SIDE TOUCH, FORWARD WALK, SIDE TOUCH, 1/4 TURN TO L, BACKWARD WALK, BACK ROCK, RECOVER, FORWARD WALK
1-4	1/2 turn to L with RF side touch, RF forward walk, LF side touch, 1/4 turn to L
(weight on RF)	
5-8	LF backward walk, RF back rock, LF recover, RF forward walk,
SECTION 3:	3/4 TURN TO L WITH SPIRAL, SIDE ROCK, RECOVER, DIAGONAL FORWARD ROCK, RECOVER, SIDE STEP, DIAGONAL FORWARD ROCK, RECOVER
1-4	3/4 turn to L with LF spiral, LF side rock, RF recover, LF diagonal forward rock
5-8	RF recover, side step, RF diagonal forward rock, LF recover,
SECTION 4:	1/4 TURN TO R WITH FORWARD WALK, FORWARD WALK, 1/2 TURN TO R(WEIGHT ON LF), SHORT SLIP TO FORWARD WALK, 3/4 TURN TO L WITH SPIRAL, 1/4 TURN TO L WITH FORWARD, FORWARD, 3/4 TURN TO L WITH LF SWEEP(WEIGHT ON RF)
1-4	1/4 turn to R with RF forward, LF forward, 1/2 turn to R(weight on LF), RF short slip to forward
5-8 (weight on RF	3/4 turn to L with LF spiral, 1/4 turn to L with LF forward, RF forward, 1/2 turn to L with LF sweep)

RESTART: On the 3rd, 9th walls, you should dance after 16 counts and start again

Linedancer, 166 Lord Street, Southport, United Kingdom, PR9 0QA Tel: +44 (0)1704 392300 Fax: +44 (0)871 900 5768⁻charged at 10p per minute