

A Tender Lie

32 Count, 2 Wall, Improver

Choreographer: Etere Betty George (NZ) Nov 2015

Choreographed to: A Tender Lie by Restless Heart

Start – 16 counts in [as you walk away.....]

[1-8] Step-Lock-Step, Turn ¼ Right & Step-Step-Lock, Turn ¼ Left & Back– Recover–Fwd - Recover, Kick Ball Cross

1&2 Step R fwd, lock L behind R, step R fwd
3&4 Turn ¼ right & step L back, step R back, lock L across R
5&6& Turn ¼ left & step R back, recover on L, step R fwd, recover on L
7&8 Kick R fwd, step on ball of R, cross L over R [12.00]

[9-16] Turn ¼ Right & Shuffle Fwd, ½ Pivot Right & Step Fwd, Fwd-Tog. [x2], ¼ Pivot Cross

1&2 Turn ¼ right & shuffle forward R.L.R.
3&4 Step L fwd, ½ pivot right, step L fwd
5&6& Step R fwd, step L together, step R fwd, step L together
7&8 Step R fwd, ¼ pivot left, cross R over L [6.00]

[17-24] Heel & Cross & Heel & Cross, ¼ Turn & Shuffle Fwd, Fwd, Recover, ½ Turn Left

1&2& Touch L heel fwd 1/8 angle to the left, step L back, cross R over L, step L back
3&4 Touch R heel fwd 1/8 angle to the right, step R back, cross L over R
5&6 Turn ¼ right & shuffle fwd R.L.R.
7&8 Step L fwd, recover on R, turn ½ left & step L fwd [3.00]

[25-32] Full Turn Fwd, ¼ Pivot Cross, ¼ Turn - ¼ Turn -Fwd , ½ Pivot Right, Step Fwd

1&2 Turn ½ left & step R back, turn ½ left & step L fwd, step R fwd

[Option: Shuffle fwd R.L.R.]

3&4 Step L fwd, ¼ pivot right, cross L over R

*****[Restart on Walls 1, 3 & 6]**

5&6 Turn ¼ left & step R back, turn ¼ left & step L to side, step R fwd
7&8 Step L fwd, ½ pivot right, step L fwd. [6.00]

Restarts * On Walls 1, 3 & 6 - dance to count 28 - then Restart dance**

Ending: On Wall 8 – Dance Counts 1-4, the music then slows down so dance to the tempo of the music on counts

5&6&, 7&8, 9&10 – then ¼ pivot right & cross, R to side, L tog, long step R to side, drag L to R