

## Overload

64 Count, 2 Wall, Intermediate

Choreographer: Chris Watson &amp; Anne Herd (AU) Oct 2015

Choreographed to: Overload by Tina Arena.

CD: Eleven (Deluxe) (126bpm-3:23m)

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**Intro: Start 32 beats in (15 sec) weight on L****SIDE ROCK, CROSS SHUFFLE, ¾ TURN, SIDE SHUFFLE**

1-2-3&4 Rock R to side, Recover to L, Cross shuffle R over L stepping RLR  
5-6-7&8 Turn ¼ R stepping back on L, Turn ½ R stepping forward on R, Side shuffle  
L stepping LRL **(9:00)**

**BEHIND, ¼ TURN, ½ PIVOT, ½ TURN, COASTER**

1-2-3-4 Cross R behind L, Turn ¼ stepping forward on L, Step forward on R, Pivot ½ L  
**(keep weight on L)**  
5-6-7&8 Step forward on R, Turn ½ R stepping back on L, Step R back, Step L beside R,  
step R forward **(6:00)**

**PRESS/ROCK FORWARD/RECOVER & PRESS/ ROCK FORWARD/RECOVER,  
PIVOT ½ STEP, TOUCH**

1-2&3-4& Press/rock L forward with slight upper body roll, Recover R, Step L beside R,  
Press/rock R forward with slight upper body roll, Recover L, Step R beside L  
5-6-7-8 Step forward on L, Pivot ½ R (take weight to R) Step L to side, Touch R beside L **(12:00)**

**KICKBALL CROSS, ½ TURN, SIDE/ DIP KNEES**

1&2-3-4 Kick R on the diagonal, Step R beside L, Cross L over R, Turn ¼ L stepping back on  
R Turn further ¼ L, Step L to side  
5-6-7-8 Step R to Right dipping knees, Straighten knees & touch L to L forward 45, Step L to  
Left dipping knees, Straighten knees & touch R to R forward 45 **(6:00)**

**ROCK/RECOVER. ½ PIVOT, RIGHT AND LEFT DOROTHY STEPS**

1-2-3-4 Rock back on R/Recover to L, Step forward on R, Pivot ½ L  
5-6&7-8& Step R foot forward on the diagonal, Lock L behind R, Step forward on R on R diagonal,  
Step forward on L diagonal, Lock R behind L, Step forward on L **(12:00)**

**ROCKING CHAIR, ½ PIVOT, ¼ PIVOT**

1-2-3-4 Rock forward on R. Recover to L, Rock back on R, Recover to L  
5-6-7-8 Step forward on R, Pivot ½ L, Step forward on R, Pivot ¼ L **(3:00)**

**KICK, KICK, COASTER, KICK, KICK, COASTER CROSS**

1-2-3&4 Kick R forward, Kick R to side, Step back on R, Step L beside R, Step forward on R  
5-6-7&8 Kick L forward, Kick L to side, Step back on L, Step R beside L, Cross L over R

**STEP KICK, STEP KICK, BEHIND, ¼ TURN, PIVOT ½**

1-2-3-4 Step R to side, Kick L out on the diagonal, Step L to side, Kick R out on the diagonal  
5-6-7-8 Cross R behind L, Turn ¼ L stepping forward on L, Step Forward on R, Pivot ½ L

**64****Begin again**