



Web site: [www.linedancerweb.com](http://www.linedancerweb.com)

E-mail: [admin@linedancerweb.com](mailto:admin@linedancerweb.com)

## For Now On

32 Count, 4 Wall, Improver (Smooth Rhythm)  
Choreographer: Sebastiaan Holtland (NL) Oct 2015  
Choreographed to: Good To Be Alive by Meghan Trainor.  
CD: The Peanuts Movie 2015

---

**Introduction: 16 counts, at the beat starts, start on approx. 09 sec. (No Tags or Restarts).**

### Part I.

**[1-8]**

**Big Side Step, Back, Recover, Step, Lock, Step, ¼ L, Big Side Step, Back, Recover, ¼ L, Step, Lock, Step.**

1,2& Step R big to R, Step L behind R, Recover back onto R.  
3&4 Step L forward, Lock R behind L, Step L forward. (12:00)  
5,6& Making ¼ turn L (9) step R big to R, Step L behind R, Recover back onto R.  
7&8 Making ¼ turn L (6) step L forward, Lock R behind L, Step L forward.

### PART II.

**[9-16]**

**Fwd Mambo Step, Back Mambo Step, ½ Pivot Turn L, 3/8 Pivot turn L.**

1&2 Step R forward, Recover back onto L, Step R slightly back.  
3&4 Step L back, Recover back onto R, Step L slightly forward.  
5-6 Step R forward, pivot ½ Turn L (12) onto L.  
7-8 Step R forward, pivot 3/8 Turn L onto L squaring up to (4.30)

### PART III.

**[17-24]**

**Walks Fwd R-L, Anchor Step, Sweep, 1/8 L, Break Step, Recover, Big Step, Point & Hips R-L-R, Centre.**

1-2 Walk R forward, Walk L forward. (4.30)  
3& Locked R behind L take weight onto R, recover on L, recover on R  
4 Making 1/8 turn L (6) sweep L from front to back.  
5&6 Step L back, recover back onto R, Step L big forward.  
7&8& Point R out to R, Bump R hip R, Bump L hip L, Bump R hip R, hip to centre.

### PART IV.

**[25-32]**

**Side, Behind, Side, Cross & Cross, Point & Point, ¼ L, Back Rock, Recover (Hips).**

1,2& Step R to R, Step L behind R, Step R to R.  
3&4 Step L across R, Step R slightly to R, Step L across R.  
5&6& Point R out to R, Step R next to L, Point L out to L, Step L next to R.  
7-8 Making ¼ turn L (3) step R back (pull hips back), recover back onto L.

**REPEAT DANCE AND HAVE FUN!!!**