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Body Rock

72 count, 2 wall, intermediate level

Choreographer: Rob Carlo (UK) May 2005

Choreographed to: I Like The Way You Move (radio edit) by Bodyrockers, CD single

40 Count Intro

Walk, Walk, kick Back Back ,Right Sailor Step, Left sailor step

1-2 Walk forward right left
3&4 Kick right foot forward, step back on right, step back on left
5&6 Right sailor step
7&8 Left sailor step

Side Together Side Touch, Rolling Vine Left Touch

1-4 Step side right on right, close left to right, step side right, touch left beside right
5-8 1/4 turn left on left, 1/2 turn left stepping back on right, 1/4 turn left on left,
Touch right beside left

Back Drag & Cross Point, Touch Cross, Side, Coaster Step

1-2 Big step back on right, drag left to right
&3-4 Step onto left beside right, cross right over left, point left to left side
5-6 cross touch left over right, touch left to left side
7&8 Left coaster step

Rock Recover 1/2 Turn Shuffle Full Turn Sway Sway

1-2 Rock forward on right, recover on left
3&4 1/2 Turn shuffle over right shoulder on RLR
5-6 1/2 Turn right stepping back on left, 1/2 turn right stepping forward on right
7-8 Step side left as you away left, Recover right as you sway right

Behind Side Cross, Side Rock, Behind Side Cross, Side Cross

1&2 Step left behind right, step side right, cross left over right.
3-4 Rock right side right, recover on left
5&6 Step right behind left, step left side left, cross right over left
7-8 Rock left side left, Recover on right

Coaster 1/4 Turn, walk walk, Forward Shuffle 1/2 Turn shuffle

1&2 Step back on left, step right beside left, step forward on left as you 1/4 turn left
3-4 Walk forward on Right, Left
5&6 Forward Shuffle on RLR
7&8 Shuffle 1/2 turn right on LRL

Back rock, Full turn, forward shuffle, step 1/4 turn

1-2 Rock back on right foot, recover left
3-4 1/2 turn left stepping back on right, 1/2 turn left stepping forward on left
5&6 Forward shuffle on RLR
7-8 Step forward on left pivot 1/4 turn right

Cross point & touch hitch cross, step side 1/4 turn, body rock

1-2 Cross left over right, point right side right
&3&4 Step right beside left, touch left side left, Hitch left, Cross left over right
5-6 Step right side right, 1/4 turn left, (weight back on right foot)
7 Push forward onto left foot dropping and pushing left shoulder forward
8 Recover back onto right foot rolling left shoulder up and back
(easy option, just push forward on left, recover on right)

Slide Back Back Coaster 1/4 turn, Cross touch, step, Cross touch, step

1-2 Slide step back on left, Slide step back on right
3&4 Step back on left, step right beside left, step forward on left as you 1/4 turn left
5-6 Cross touch right over left, step right side right
7-8 Cross touch left over right, step left side left.

TAGS

First tag : 12counts, At The End Of Wall 4 you will be facing 12 o'clock,

Hip Roll 1/4 Turns x 4, Step side touch, step side touch

1-8 Step forward on right, Hip roll 1/4 turn left (weight on left)

Repeat x 3 To complete a full turn

9-12 Step right side right, touch left beside right, Step left side left, touch right Beside left

Second tag : 5 counts, To Finish The Dance Facing The Home wall (12 o'clock)

Danced at the end of wall 5

Cross Unwind, Cross, Step side, Heel touch.

1-2 Cross right over left, Unwind 1/2 turn left (12 o'clock)

3-5 Cross right over left, Step left side left, Touch right heel forward.