

My Legs Are Weak

96 Count, 4 Wall, Intermediate (Waltz)

Choreographer: Linda Burgess (AU) Sept 2015

Choreographed to: My Legs Are Weak, [Do You Want the Truth or Something Beautiful (Bonus Track version)] by Paloma Faith
(4.49mins)

Intro: Start on first piano beat. Slow step to R (1,2,3) touch L next to R (4,5,6) & click fingers high, repeat to L, then Repeat to R & L. - Dance turns anticlockwise. (version 01)

[1-6] R twinkle, cross, sweep

1-6 Cross/step R over L, step L to L, step R in place, cross/step L over R, sweep R around to front over 2 counts

[7-12] R twinkle, cross, sweep

1-6 Repeat last 6 counts above

[13-18] Cross, ¼, ¼, side/drag

1-6 Cross/step R over L, turn ¼ R & step back L, turn ¼ R & small step to R, big step to L, drag R to L (5,6)

[19-24] Slow Pivot ½, Slow pivot ½

1-6 Step fwd R (1), slow pivot ½ turn L (2,3), step fwd R (4), slow pivot ½ turn L (5,6) (6.00)

[25-30] Cross, side, behind, side/drag

1-6 Cross/step R over L, step L to L, cross/step R behind L, big step to L, drag R to L over 2 counts (5,6)

[31-36] ¼ Step, ¾ pencil, step, full turn pencil

1-6 ¼ R & step fwd R (1), step L beside R & make a ¾ pencil turn R (2), replace weight to L (3), step fwd R (4), step L beside R & make a full turn pencil R (5), replace weight to L (6) (9.00)

(optional-waltz fwd R, waltz fwd L)

[37-42] Fwd, sweep, hitch, back, ½ step, step

1-6 Step fwd R, sweep L fwd, hitch L, step back L, ½ turn R & step fwd R, step fwd L (3.00)

[43-48] Fwd, sweep, hitch, back, ½ step, step

1-6 Repeat last 6 counts above (9.00)

[49-54] ¼ Cross, hitch, cross, hitch 1/2

1-6 Turn ¼ R & cross/step R over L (1), hitch L (2,3), cross L over R (4), hitch R & turn ½ L (weight L) (5,6) (6.00)

[55-60] Touch, hold, hitch ½, touch,hold, hold

1-6 Touch R to R, (1) hold (2) Hitch R & turn ½ L on L (3), touch R to R, (4) hold x 2 counts (5,6) (12.00)

[61-66] R Sailor waltz, back, touch, hold

1-6 R sailor waltz, step back L, touch R toe over L, hold (12.00)

[67-72] Step, full turn, step, slow sweep around

1-6 Step fwd R, turn ½ R & step back L, turn ½ R & step fwd R, step fwd L, sweep R to front (2 counts) (12.00)

[73-78] Cross, back, back, cross,back, ½ step

1-6 Cross/step R over L, step back L, step back R, cross/step L over R, step back R, ½ turn L & step fwd L (6.00)

[79-84] Back, slow drag, back, slow drag

1-6 Step back R on R diagonal, drag L to R (2,3), step back L on L diagonal, drag R to L (5,6) (6.00)

[85-90] Waltz fwd ½ R, Waltz back ½ R

1-6 Step fwd R, turn ½ R & step L beside R, step R beside L, step back L, turn ½ R & step R beside L, step L beside R

[91-96]

Step, slow pivot $\frac{1}{2}$, step, slow pivot $\frac{1}{4}$

1-6

Step fwd R, slow pivot $\frac{1}{2}$ turn L (over 2 counts), step fwd R, slow pivot $\frac{1}{4}$ turn L (over 2 counts) (9.00)

The End.....

Tag: End of Wall 2. Pivot $\frac{1}{2}$ L (123), repeat (456), slow step R (1,2,3), touch L beside R & click fingers near shoulders (4,5,6) Repeat to L (1-6)

Restart: Wall 5 facing 12.00, Dance counts 1-72, (from counts 61-72 the music slows down, so dance slow with the beat . On count 72, sweep the foot around to side & hold until the melody kicks in.. you will hear two beats then start again!!

Ending: Dance counts 1-57 (the $\frac{1}{2}$ hitch turn & touch) there is a little pause, then make a $\frac{1}{2}$ turn L on L while hitching R, & touch R to side (or you can be game and make a full spiral over the L & touch. Hold.)