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## Ilat Tanpa Balung (ITB)

64 Count, 4 Wall, Improver/Intermediate  
Choreographer: Mia Teddy & mBah Wir (INA) Mar 2015  
Choreographed to: Ilat Tanpa Balung by  
Dian FK Bossanova Jawa

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**Sequence: 64-64- TAG- 36-64- 36-64- TAG- 64**

**Start on vocal - 2 Tags on (end of wall 2 & wall 7)**

**SECTION 1: BACK ROCK, RECOVER, FORWARD, HOLD, CROSS ROCK, RECOVER, SIDE ROCK, RECOVER**

1-4 Rock R back, Recover on L, Step R forward, Hold

5-8 Cross Rock L over R, Recover on R, Rock L to side, Recover on R

**SECTION 2: CROSS OVER, SIDE, CROSS OVER, HOLD, SCISSORS, HOLD**

1-4 Cross L over R, Step R to side, Cross L over R, Hold

5-8 Step R to side, Step L together, Cross R over L, Hold

**SECTION 3: ¼ LEFT, FORWARD, ½ LEFT, BACK, SIDE, HOLD, CROSS ROCK, RECOVER, SIDE, HOLD**

1-4 Turn ¼ L step L forward, Turn ½ L step R back, Step L to side, Hold

5-8 Cross rock R over L, Recover on L, Step R to side, Hold

**SECTION 4: RIGHT WEAVE, SWEEP, BEHIND, SIDE, FORWARD**

1-4 Cross L over R, Step R to side, Cross L behind R, Sweep R back

5-8 Cross R behind L, Step L to side, Step R forward, Hold

**SECTION 5: FORWARD, FROWARD, FORWARD, HOLD, ROCKING CHAIR**

1-4 Step L forward, Step R forward, Step L forward, Hold

5-8 Rock R forward, Recover on L, Rock back on R, Recover on L

**SECTION 6: FORWARD ROCK, RECOVER, ¼ RIGHT, SIDE, HOLD, CROSS ROCK, RECOVER, ¼ LEFT SWEEP, NEXT**

1-4 Rock R forward, Recover on L, Turn ¼ R step R to side, Hold

5-8 Cross rock L over R, Recover on R, Turn ¼ L sweep L back, Step R next to L

**SECTION 7: FORWARD, HOLD, ½ LEFT RIGH BACK, ¼ LEFT, LEFT SIDE, CROSS ROCK, RECOVER, SIDE ROCK, RECOVER**

1-4 Step L forward, Hold, Turn ½ L step back on R, Turn ¼ L step L to side

5-8 Cross rock R over L, Recover on L, Rock R to side, Recover on L

**SECTION 8: CROSS ROCK, RECOVER, ¼ RIGHT, FORWARD, HOLD, FORWARD FULL TURN, HOLD**

1-4 Cross rock R over L, Recover on L, Turn ¼ R step R forward, Hold

5-8 Turn ½ R step L back, Turn ½ R step R forward, Step Left forward, Hold

**Tag (16 Counts)**

**Repeat Section 1**

**Repeat Section 2 count 1-4**

**5-8 Step R to side. Touch L beside, Step L to side, Hold**