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## Groov 'N Line

32 Count, 4 Wall, Absolute Beginner

Choreographer: Michael & Rachel (UK) Oct 2015

Choreographed to: Groovin' With You by Gord Bamford

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### 16 count intro

- |            |   |
|------------|---|
| 1, 2       | right walk, left walk                                   |
| 3 & 4      | right heel & left heel (heel switches)                  |
| 5, 6       | right walk, left walk                                   |
| 7 & 8      | right heel & left heel (heel switches)                  |
|            |   |
| 1, 2       | right foot rock forward, left foot recover              |
| 3 & 4      | ½ turn over right shoulder & right foot shuffle forward |
| 5, 6       | left foot rock forward, right foot recover              |
| 7 & 8      | left foot coaster step                                  |
|            |   |
| 1, 2, 3, 4 | right foot jazz box making ¼ turn to the right          |
| & 5, 6     | right foot out, left foot out (out, out), hold          |
| 7, 8       | 2 hip thrusts   |
|            |   |
| 1, 2       | right hip bumps (2x)                                    |
| 3, 4       | left hip bumps (2x)                                     |
| 5, 6, 7, 8 | hip rolls (for 4 counts)                                |