



Web site: www.linedancerweb.com

E-mail: admin@linedancerweb.com

Hula Hoop!

32 Count, 4 Wall, Absolute Beginner
Choreographer: Emil Zetterström (SE) Sept 2015
Choreographed to: Hula Hoop by Omi

Intro: 32 counts *1 Restart at 5th wall, 10th wall 4 counts Tag**

S1: 2x Side, Together, Side, Touch

1 - 2 - 3 - 4 Step RF to right, step LF next to RF, Step RF to right, touch Left toe next to RF
5 - 6 - 7 - 8 Step LF to left, step RF next to RF, step LF to left, touch Right toe next to LF

S2: 2x Diagonal, Together, Diagonal, Touch

1 - 2 - 3 - 4 Step RF right diagonal forward, step LF together, RF to right diagonal forward,
touch LF next to RF
5 - 6 - 7 - 8 Step LF left diagonal forward, step RF together, LF to left diagonal forward,
touch RF next to LF

*****Restart at 5th wall**

S3: 2x Back With A Heel, 2x Point Together

1 - 2 - 3 - 4 Step RF back, touch Left heel forward, step LF back, touch Right heel forward
5 - 6 - 7 - 8 Point Right toe to right, step RF next to LF, point Left toe to left, step LF next to RF

S4: Walk Circle A $\frac{3}{4}$ Turn

1 - 8 Walk a $\frac{3}{4}$ turn circle turning left with 8 steps starting with RF ending (3:00)

Tag: After finishing 10th wall it will be a 4 counts Tag

1 - 2 Hold 2 counts

3 - 4 freestyle if you want to or shake your hips or the hands above your head to the music

Start again!

And have fun dancing!