

Stitches

64 Count, 2/4 Wall, Improver

Choreographer: Travis Taylor (Aus) Oct 2015

Choreographed to: Stitches by Shawn Mendes, Album:

Handwritten (Approx. 3:26min – iTunes)

INTRO: 16 Counts of guitar strums – On lyrics

1 Side Behind Side Cross, Side, Hold, Ball Step, Touch

1-2-3-4 Step R to R side, Step L behind R, Step R to R side, Cross L over R

5-6&7-8 Step R to R side, Hold, Step L together, Step R to R side, Touch L next to R

2 Side Behind Side Cross, Side, Hold, Ball Step, Touch

1-2-3-4 Step L to L side, Step R behind L, Step L to L side, Cross R over L

5-6&7-8 Step L to L side, Hold, Step R together, Step L to L side, Touch R next to L

3 K Step Touches

1-2-3-4 Step R fwd on R 45, Touch L next to R, Step L back to Centre, Touch R next to L

5-6-7-8 Step R back on R 45, Touch L next to R, Step L fwd back to Centre, Scuff R next to L

NOTES: Clap on Counts 2,4,6,8

4 Step 1/2L Turn Step Hold, Step 1/4R Turn Cross, Hold

1-2-3-4 Step R fwd, 1/2L Pivot weight on L, Step R fwd, Hold & Clap

5-6-7-8 Step L fwd, 1/4R Pivot weight on R, Cross L over R, Hold & Clap

5 Rock Fwd/Replace, Back Kick, Back Kick, Rock Back/Replace

1-2-3-4 Rock R fwd, Replace weight on L, Step back on R, Kick L out to L 45

5-6-7-8 Step back on L, Kick R out to R 45, Rock back on R, Replace weight on L

6 Step Lock Step, Step 1/2R Turn Step, Hold

1-2-3-4 Step R fwd, Lock L behind R, Step R fwd, Hold or Scuff L

5-6-7-8 Step L fwd, 1/2R Pivot weight on R, Step fwd on L, Hold

7 Rock Fwd/Replace, Back Kick, Back Kick, Rock Back/Replace

1-2-3-4 Rock R fwd, Replace weight on L, Step back on R, Kick L out to L 45

5-6-7-8 Step back on L, Kick R out to R 45, Rock back on R, Replace weight on L

8 Step Lock Step, Step 1/4R Turn Cross, Hold

1-2-3-4 Step R fwd, Lock L behind R, Step R fwd, Hold or Scuff L

5-6-7-8 Step L fwd, 1/4R Pivot weight on R, Cross L over R, Hold

Restarts: On Walls 2 & 6, Restart on Count 32**On Wall 7, Restart on Count 16**