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Wake Up<br>Wake Up<br>64 Count 2 Walls<br>Choreographed by: Adam Åstmar Choreographed to: Wake Up by The Vamps

## Sequence 64-40-40-64-64-ENDING

Intro: 16 counts from where the drums come in
Sect-1 HEEL, BALL, TOUCH, 1 / 4 BALL, HEEL, HOOK, HEEL, BALL ,LOCK-STEP FORWARD, MAMBO STEP
1 \& 2 \& $\quad$ Touch $L$ heel forward, ball step $L$ next to $R$, touch $R$ next to $L$, turn $1 / 4$ to the left \& ball step $R$ in place (9:00)
$3 \& 4$ \& Touch $L$ heel forward, hook $L$ over R, touch $L$ heel forward, ball step $L$ next to $R$
5 \& 6 Step $R$ forward, lock $L$ behind $R$, step $R$ forward
7 \& 8 Rock L forward
Sect-2 COASTER STEP, 1 / 4 TURN STEP, TOUCH, STEP, ROCK FORWARD, RECOVER, SMALL STEPS BACK X3
1 \& 2 Step R back, step L next to R, step R forward
3 \& $4 \quad$ Turn $1 / 4$ to the right stepping $L$ to the left, touch $R$ next to $L$, step $R$ forward (12:00)
5-6 Rock L forward, recover to R
7 \& $8 \quad$ Small steps back stepping L, R, L
Sect-3 SAILOR 1 / 8 STEP, WALK X2, 1 / 4 TURN STEP, TOUCH, STEP, TRIPLE FULL TURN
$1 \& 2 \quad$ Cross $R$ behind $L$, turn $1 / 8$ to the right stepping $L$ in place, step $R$ forward (1:30)
3-4 Walk forward L, R
5 \& $6 \quad$ Turn $1 / 4$ to the right stepping $L$ to the left, touch $R$ next to $L$, step $R$ forward (4:30)
7 \& $8 \quad$ Turn $1 / 2$ to the left stepping $L$ back, turn $1 / 2$ to the left stepping $R$ forward, step $L$ forward (4:30)
Sect - 4 HEEL, 1 / 8 BALL, HEEL, BALL, HEEL, HITCH, STEP, HEEL SWIVEL, KICK, SAILOR 1 / 4 STEP
$1 \& 2$ \& Touch $R$ heel forward, turn $1 / 8$ to the left \& ball step $R$ in place, touch $L$ heel forward, ball step $L$ next to R (3:00)
3 \& $4 \quad$ Touch $R$ heel forward, hitch R knee, step R forward
$5 \& 6 \quad$ Swivel both heels to the right, swivel back in place, kick R forward
7 \& $8 \quad$ Turn $1 / 4$ to the right crossing $R$ behind $L$, step $L$ in place, step $R$ forward (6:00)
Sect-5 SAMBA CROSS X2, CROSS SHUFFLE, SIDE ROCK, RECOVER, CROSS
1 \& 2 Cross $L$ over R, Step R to the right, step $L$ next to $R$
3 \& $4 \quad$ Cross $R$ over $L$, Step $L$ to the left, step $R$ next to $L$
5 \& $6 \quad$ Cross $L$ over R, step $R$ next to $L$, cross $L$ over $R$
7 \& $8 \quad$ Rock $R$ to the right, recover to $L$, cross $R$ over $L$

- Restart - Restart here at wall 2 \& 3

Sect - 6 SIDE STEP, BEHIND, CHASSE 1 / 4 TURN, ROCK, RECOVER, LOCK-STEP BACK
1-2 Step $L$ to the left, step $R$ behind $L$
3 \& 4 Step $L$ to the left, step $R$ next to $L$, turn $1 / 4$ to the left stepping $L$ forward
5-6 Rock R forward, recover to L
7 \& 8 Step R back, lock L over R, step R back
Sect - 7 / 8 SHUFFLE, STEP 1 / 2 TURN, FULL TURN, ROCK FORWARD, RECOVER, 1 / 8 SIDE, BALL
1 \& 2 Shuffle turn 3 / 8 to the left stepping L, R, L (10:30)
3-4 Step R forward, turn 1 / 2 to the left
5-6 Turn $1 / 2$ to the left stepping $R$ back, turn $1 / 2$ to the left stepping $L$ forward (4:30)
7 \& 8 \& Rock $R$ forward, recover to $L$, turn $1 / 8$ to the right stepping $R$ to the side, step $L$ next to $R(6: 00)$
Sect - 8 SIDE ROCK, RECOVER, BALL, SIDE ROCK, RECOVER BALL, 1 / 4 TURN STEP, MAMBO 1 / 4 STEP, STOMP
1-2 \& Rock $R$ to the right, recover to $L$, step $R$ next to $L$
3-4 \& Rock $L$ to the left, recover to R, step $L$ next to $R$
5-6 \& Turn 1/4 to the right stepping R forward, Rock $L$ forward, recover to $R$ (9:00)
7-8
Turn 1 / 4 to the left stepping $L$ to the left, stomp $R$ next to $L$ (6:00)

Instead of stomping in section 8, you turn $1 / 2$ to the left stepping $R$ to the right \& punching right hand in the air. Then step $L$ to the left and punch left hand in the air. Count is: 8-1

Have fun!
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